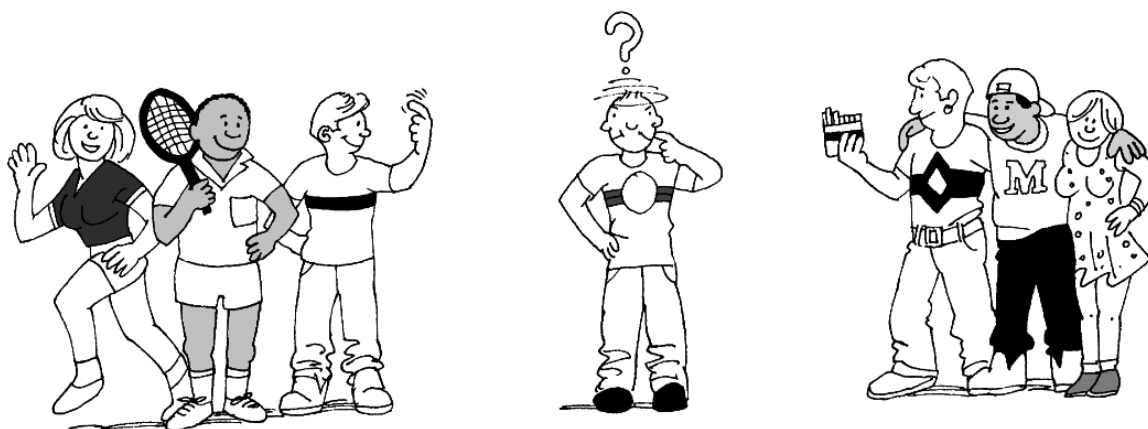


Young People in North Yorkshire Schools

The Growing Up in North Yorkshire Survey 2014

KS2 Version



A report for North Yorkshire

The Schools Health Education Unit

www.sheu.org.uk

School Survey Report 2014

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

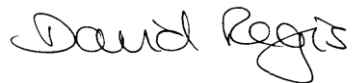
SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit



Dr. David Regis

Research Manager
Schools Health Education Unit

Introduction

The Growing Up in North Yorkshire Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. This survey has been developed over 20 years, been used in over a thousand schools and been completed by many hundreds of thousands of school children. Data arising from the survey can be used to inform planning decisions, as well as in the classroom as the stimulus for discussion with young people.

This report contains several elements:

1. Results from this survey with explanation.
2. Quotes from the National Curriculum (2014), DfE PSHE Guidance (2013) and DfE 2014 Keeping Children Safe in Education.
3. Reference to the National Healthy Schools Programme.
4. Additional notes drawn from a variety of other sources.

Your comments are invited.

There are many aspects of the data in this report that will inform your school's needs analysis and evaluation of provision to promote the learning and wellbeing of children and young people, impacting on raising achievement and closing the achievement gap between disadvantaged pupils and their peers.

The National Curriculum states that:

"Every state-funded school must offer a curriculum which is balanced and broadly based and which: promotes the spiritual, moral, cultural, mental and physical development of learners at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life. All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice." (The National Curriculum in England Framework document, July 2014)

DfE Guidance Personal, social, health and economic (PSHE) education, September 2013 includes:

"Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.

While we believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle."

This report provides data to inform safeguarding provision in your school. DfE April 2014 Keeping Children Safe in Education:

"The Governing Body should ensure that: It considers how children may be taught about safeguarding, including online, through teaching and learning opportunities, as part of providing a broad and balanced curriculum. This may include covering relevant issues through personal, social health and economic education (PSHE), and/or through sex and relationship education (SRE)."

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received the **Survey Results Tables**, which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables are the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the website address on the front of the report.

Training is also available through the North Yorkshire Education and Skills team. Support materials may be found within NYCC Fronter rooms: PSE/Health and Wellbeing, E-safeguarding, Anti-bullying, Spiritual, Moral, Social, Cultural (SMSC), Vulnerable and Targeted Learner room: www.Fronter.com/northyorks

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

North Yorkshire	
	Yr 6
Boys	2274
Girls	2219

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

North Yorkshire	
	Yr 6
Boys	2274
Girls	2219

Background

ETHNICITY

- 93% of pupils responded that they are White British.

HOME LIFE

- 68% of pupils responded that they live with their Mum and Dad together.
- 12% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.
- 5% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy or Royal Air Force, or the Reserves, while 5% said they are 'not sure' if they do.
- 2% of pupils responded that they have a parent/carer who is in the army, navy or Royal Air Force who has been away on operations in the last year, while 2% said they are 'not sure' if they have been.
- 7% of pupils responded that they have a special educational need or learning difficulty, while 7% said they are 'not sure' if they have.
- 1% of pupils responded that they spend part of their school week learning at another school or centre, while 1% said they are 'not sure' if they do.
- 6% of pupils responded that they have a disability or long-standing illness, while 6% said they are 'not sure' if they do.
- 8% of pupils responded that they get free school meals or vouchers for school meals, while 8% said they are 'not sure' if they do.

Healthy Eating

BREAKFAST

- 2% of pupils responded that they didn't eat or drink anything before lessons on the day of the survey, while 6% said they had a cooked breakfast.
- 5% of pupils responded that they had just a drink for breakfast on the day of the survey.
- 48% of pupils responded that they ate cereal (not porridge/Readybrek) for breakfast on the day of the survey, while 31% said they had toast or bread.
- 34% of pupils responded that they had water to drink for breakfast on the day of the survey, while 2% said they had an energy drink.
- 90% of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

DRINKS

- 73% of pupils responded that they drink water 'every day or most days'; 9% said the same of fizzy drinks (not low-calorie).
- 19% of pupils responded that they 'rarely or never' drink milk; 60% said the same of energy drinks.

FIVE-A-DAY

- 8% of boys and 5% of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 28% of boys and 31% of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.
- 85% of pupils responded that they have found school lessons about healthy eating 'quite useful' or 'useful', while 7% found them 'not useful' and 5% couldn't remember any.

WATER

- 6% of pupils responded that they didn't drink any water on the day before the survey.
- 25% of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- 97% of pupils responded that they can get water at school, while 3% said 'not easily'.
- 40% of pupils responded that they can get water from the canteen/dinner room at school; 50% said they can get it from their own drinking bottle.

Health & Hygiene

HYGIENE

- 66% of pupils responded that they washed their hands before lunch on the day before the survey, while 10% said they are 'not sure' if they did.

DENTAL HEALTH

- 92% of pupils responded that they have been to the dentist in the last year, while 7% said they last went more than a year ago and 1% have never been.

SUN SAFETY

- 8% of pupils responded that they 'never' do anything to avoid sunburn.
- 61% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Physical Activity

SCHOOL BREAKTIMES

- 83% of pupils responded that they at least 'sometimes' play running/skipping games/tag during school outdoor breaktimes, while 72% said they play ball games like football or netball.

- ❑ 2% of pupils responded that they find it 'not at all' easy to be as physically active as they like at playtimes.
- ❑ 91% of pupils responded that they find it 'quite' or 'very' easy to be as physically active as they like at playtimes.

ENJOY PHYSICAL ACTIVITY

- ❑ 2% of pupils responded that they don't enjoy physical activities at all.
- ❑ 83% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

EXERCISE

- ❑ 5% of boys and 4% of girls responded that they didn't exercise enough to breathe harder and faster at all last week.
- ❑ 80% of boys and 74% of girls responded that they exercised enough to breathe harder and faster three times or more last week.
- ❑ 2% of pupils responded that they don't do a single hour of physical activity in a typical week.
- ❑ 58% of pupils responded that they do at least five hours of physical activity in a typical week.
- ❑ 85% of pupils responded that they have found school lessons about physical education 'quite useful' or 'useful', while 7% found them 'not useful' and 4% couldn't remember any.

Alcohol and Tobacco

ALCOHOL

- ❑ 83% of pupils responded that they do not drink alcohol.
- ❑ 15% of pupils responded that they drink alcohol and their parents 'always' know.
- ❑ 1% of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.
- ❑ 1% of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 66% of pupils responded that they have found school lessons about alcohol 'quite useful' or 'useful', while 10% found them 'not useful' and 20% couldn't remember any.

SMOKING

- ❑ 3% of pupils responded that they have smoked in the past or smoke now.
- ❑ 0% of pupils responded that they smoked at least one cigarette in the 7 days before the survey.
- ❑ 65% of pupils responded that they have found school lessons about smoking 'quite useful' or 'useful', while 10% have found them 'not useful' and 21% couldn't remember any.

DRUGS

- ❑ 10% of pupils responded that they are 'fairly sure' or 'certain' they know someone who uses drugs in the area where they live.
- ❑ 6% of pupils responded that they are 'fairly sure' or 'certain' they know somewhere near where they live where people can buy drugs.
- ❑ 68% of pupils responded that they have found school lessons about medicines and drugs 'quite useful' or

'useful', while 9% have found them 'not useful' and 18% couldn't remember any.

Emotional Health and Wellbeing

GROWING UP

- ❑ 85% of pupils responded that they would like their parents/carers to talk with them about growing up and body changes, while 34% said they would like the school nurse to talk with them.
- ❑ 74% of pupils responded that they feel they know enough about how their body changes as they get older, while 7% feel they don't know enough.
- ❑ 45% of pupils responded that they feel 'happy' about growing up and body changes.
- ❑ 7% of pupils responded that they feel 'unhappy' about growing up and body changes.
- ❑ 12% of girls responded that they have started their periods, while 8% said they 'don't know' if they have.
- ❑ Of the 249 girls who have started their periods, they were on average 10 years old when they started them.
- ❑ 73% of pupils responded that they have found school lessons about growing up and body changes 'quite useful' or 'useful', while 9% have found them 'not useful' and 14% couldn't remember any.

WORRYING

- ❑ 76% of pupils responded that they worry about at least one of the issues listed 'quite' or 'very' often.
- ❑ 38% of pupils responded that they 'quite' or 'very' often worry about moving on to secondary school; 35% said they worry about SATs/tests.
- ❑ 60% of pupils responded that they have found school lessons about emotional health and wellbeing (SEAL) 'quite useful' or 'useful', while 12% have found them 'not useful' and 23% couldn't remember any.

Safety

ACCIDENTS

- ❑ 27% of pupils responded that they have had an accident in the last 12 months which was treated by a doctor or at a hospital.
- ❑ 12% of pupils responded that their most recent accident in the last 12 months occurred while playing sport.
- ❑ 8% of pupils responded that their most recent accident in the last 12 months happened at school; 8% said it happened at home.

PEER PRESSURE

- ❑ 52% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 15% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

SCHOOL PLAYTIMES

- ❑ 2% of pupils responded that they 'never/hardly ever' feel happy during school playtimes.
- ❑ 46% of pupils responded that they 'always' feel happy during school playtimes.

- ❑ 3% of pupils responded that they 'never/hardly ever' feel safe during school playtimes.
- ❑ 73% of pupils responded that they 'always' feel safe during school playtimes.

BULLYING

- ❑ 64% of pupils responded that they have experienced at least one of the negative behaviours listed at least a 'few times' in the last month, while 6% experienced such behaviour 'every day'.
- ❑ 35% of pupils responded that they have been pushed/hit for no reason at least a 'few times' in the last month, while 17% said they have had belongings taken/broken.
- ❑ 36% of pupils responded that they have experienced negative behaviour outside at school during breaktimes in the last month, while 24% have experienced such behaviour in a classroom during breaktimes and 20% have experienced it at or near home.
- ❑ 21% of pupils responded that they have been bullied at or near school in the last 12 months, while 11% said they 'don't know' if they have been.
- ❑ 22% of boys and 30% of girls responded that they at least 'sometimes' feel afraid to be in school because of bullying.
- ❑ 4% of pupils responded that they 'often' or 'very often' feel afraid to be in school because they may be bullied.
- ❑ 16% of pupils responded that they think they are being 'picked on' or bullied because of the way they look, while 14% think they are because of their size or weight.
- ❑ 4% of pupils responded that they have bullied someone else at school in the last 12 months, while 8% said they 'don't know' if they have.
- ❑ 2% of pupils responded that they think others may fear going to school because of them, while 10% said they 'don't know' if others have felt afraid.
- ❑ 77% of pupils responded that they think their school takes bullying seriously, while 10% think it doesn't take it seriously.
- ❑ 69% of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 3% of pupils responded that their school deals with bullying 'badly', while 12% said that bullying is not a problem in their school.
- ❑ 78% of pupils responded that they have found school lessons about bullying 'quite useful' or 'useful', while 10% have found them 'not useful' and 8% couldn't remember any.

STRANGERS

- ❑ 24% of pupils responded that they have been approached by an adult who scared or upset them, while 10% said they are 'not sure' if they have been.
- ❑ 15% of pupils responded that they knew the person who scared or upset them.

INTERNET SAFETY

- ❑ 69% of pupils responded that they 'always' follow the advice they have been given about the issues in

Q51a, while 7% said they 'never' do and 24% do so only 'sometimes'.

- ❑ 35% of pupils responded that they are 'never' supervised when using the internet at home.

Enjoying and Achieving

SCHOOL LESSONS

- ❑ 46% of pupils responded that they have found school lessons about relationships 'quite useful' or 'useful'.
- ❑ 14% of pupils responded that they have found school lessons about relationships 'not useful'.
- ❑ 59% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 7% of pupils responded that they enjoy 'hardly any' of their lessons at school.

LEISURE TIME

- ❑ 71% of pupils responded that they watched TV after school on the day before the survey, while 51% played sport and 41% used the internet.

ATTENDANCE

- ❑ 93% of pupils responded that they think it is important to go to school regularly, while 3% think it isn't important.
- ❑ 32% of pupils responded that they have been away from school due to illness or injury in the last month.
- ❑ 96% of pupils responded that their parents/carers 'always' know if they are away from school.
- ❑ 1% of pupils responded that their parents/carers 'never' know if they are away from school, while 2% said they know only 'sometimes'.

EVERY CHILD MATTERS

- ❑ 92% of pupils responded that their work is marked so they can see how to improve it and 69% said that their teachers realise when they don't understand.

VIEWS AND OPINIONS

- ❑ 71% of pupils responded that they are asked for their ideas and opinions about what happens in their school, while 13% feel they are not asked for.
- ❑ 31% of pupils responded that they feel their views and opinions are listened to during circle time in school, while 57% feel they are listened to through a school or class council.
- ❑ 51% of pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school.
- ❑ 58% of pupils responded that they would like to be asked more often for their ideas and opinions about what they learn in school.
- ❑ 61% of pupils responded that they have found school lessons about 'you and your community' 'quite useful' or 'useful', while 13% have found them 'not useful' and 22% couldn't remember any.

RESILIENCE

- ❑ 15% of pupils had a low measure of resilience (0 – 19).
- ❑ 38% of pupils had a high measure of resilience (26+).

- ❑ 59% of pupils responded that when something goes wrong they 'usually' or 'always' learn from the experience for next time.
- ❑ 69% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 45% said they ask for help.
- ❑ 2% of pupils had a low score (6 – 11) on the Stirling Positive Outlook Sub-Scale; 12% had a med-low score (12 – 17).
- ❑ 39% of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.
- ❑ 2% of pupils had a low score (6 – 11) on the Stirling Positive Emotional State Sub-Scale; 13% had a med-low score (12 – 17).
- ❑ 37% of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.
- ❑ 13% of pupils had a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.
- ❑ 26% of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.
- ❑ 2% of pupils had a low score (12 – 23) on the Stirling Children's Wellbeing Scale; 11% had a med-low score (24 – 35).
- ❑ 34% of pupils had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

Disadvantaged Pupils

Below is a selection of results comparing the Disadvantaged pupils in your school with the non-disadvantaged pupils. These items have been selected from across the questionnaire to compare “disadvantaged” pupils with their peers in and out of school. This list of items is the same for all schools, and should not be taken to show only statistically significant results.

For this section we categorised pupils as “disadvantaged” if they indicated, in the background information section of the questionnaire, that they were either in care with foster carers or in a Residential School/Home, or if they were eligible for free school meals or vouchers for free meals. This group of pupils includes some, but not all, of the pupils qualifying for pupil premium payments. It does not include all of those pupils eligible for FSM in the last 6 years. The sample size for each group is shown in bold at the top of each column.

	School Disadvantaged 381	School Non- Disadvantaged 4127
Pupils who responded that they are White British.	93%	92%
Pupils who responded that they live with their Mum and Dad together.	29%	72%
Pupils who responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.	24%	30%
Pupils who responded that they have been to the dentist in the last year.	86%	93%
Pupils who responded that they do at least five hours of physical activity in a typical week.	46%	59%
Pupils who responded that they had an alcoholic drink in the 7 days before the survey.	4%	1%
Pupils who responded that they have smoked in the past or smoke now.	9%	3%
Pupils who responded that they are ‘fairly sure’ or ‘certain’ they know someone who uses drugs in the area where they live.	19%	9%
Pupils who responded that they worry about at least one of the issues listed ‘quite’ or ‘very’ often.	84%	75%
Pupils who responded that they have had an accident in the last 12 months which was treated by a doctor or at a hospital.	33%	27%
Pupils who responded that they have been bullied at or near school in the last 12 months.	30%	20%
Pupils who responded that they are ‘never’ supervised when using the internet at home.	33%	35%
Pupils who responded that they enjoy ‘most’ or ‘all’ of their lessons at school.	55%	60%
Pupils who responded that their school cares whether they are happy or not.	71%	74%
Pupils who responded that their work is marked so they can see how to improve it.	85%	92%
Pupils who responded that people with different backgrounds are valued in their school.	61%	71%
Pupils who responded that they are asked for their ideas and opinions about what happens in their school.	62%	72%
Pupils who had a high measure of resilience (26+).	30%	39%
Pupils who had a high or maximum score (48 – 60) on the Stirling Children’s Wellbeing Scale.	26%	35%

2014/2012 Comparisons

	2014	2012
	Yr 6	Yr 6
Boys	2274	2113
Girls	2219	1998

2012 data in brackets; see notes on interpreting differences.

Background

ETHNICITY

- 93% (92%) of pupils responded that they are White British.

HOME LIFE

- 68% (69%) of pupils responded that they live with their Mum and Dad together.
- 12% (12%) of pupils responded that they live 'mainly or only' with their Mum, while 1% (1%) said they live 'mainly or only' with their Dad.
- 5% (5%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy or Royal Air Force, or the Reserves, while 5% (4%) said they are 'not sure' if they do.
- 2% (2%) of pupils responded that they have a parent/carer who is in the army, navy or Royal Air Force who has been away on operations in the last year, while 2% (2%) said they are 'not sure' if they have been.
- 7% (7%) of pupils responded that they have a special educational need or learning difficulty, while 7% (7%) said they are 'not sure' if they have.
- 1% (2%) of pupils responded that they spend part of their school week learning at another school or centre, while 1% (1%) said they are 'not sure' if they do.
- 6% (6%) of pupils responded that they have a disability or long-standing illness, while 6% (4%) said they are 'not sure' if they do.
- 8% (8%) of pupils responded that they get free school meals or vouchers for school meals, while 8% (7%) said they are 'not sure' if they do.

Healthy Eating

BREAKFAST

- 2% (2%) of pupils responded that they didn't eat or drink anything before lessons on the day of the survey, while 6% (5%) said they had a cooked breakfast.
- 5% (5%) of pupils responded that they had just a drink for breakfast on the day of the survey.
- 48% (51%) of pupils responded that they ate cereal (not porridge/Readybrek) for breakfast on the day of the survey, while 31% (30%) said they had toast or bread.
- 34% (30%) of pupils responded that they had water to drink for breakfast on the day of the survey, while 2% (4%) said they had an energy drink.

- 90% (90%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

DRINKS

- 9% (12%) of pupils responded that they drink fizzy drinks (not low-calorie) 'every day or most days'.
- 19% (20%) of pupils responded that they 'rarely or never' drink milk; 60% (50%) said the same of energy drinks.

FIVE-A-DAY

- 8% (8%) of boys and 5% (4%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 28% (30%) of boys and 31% (34%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.
- 85% (82%) of pupils responded that they have found school lessons about healthy eating 'quite useful' or 'useful', while 7% (9%) found them 'not useful' and 5% (6%) couldn't remember any.

WATER

- 6% (7%) of pupils responded that they didn't drink any water on the day before the survey.
- 25% (28%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- 97% (97%) of pupils responded that they can get water at school, while 3% (2%) said 'not easily'.
- 40% (39%) of pupils responded that they can get water from the canteen/dinner room at school; 50% (55%) said they can get it from their own drinking bottle.

Health & Hygiene

DENTAL HEALTH

- 92% (94%) of pupils responded that they have been to the dentist in the last year, while 7% (5%) said they last went more than a year ago and 1% (1%) have never been.

SUN SAFETY

- 8% (6%) of pupils responded that they 'never' do anything to avoid sunburn.
- 61% (67%) of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Physical Activity

SCHOOL BREAKTIMES

- 83% (84%) of pupils responded that they at least 'sometimes' play running/skipping games/tag during

school outdoor breaktimes, while 72% (72%) said they play ball games like football or netball.

- ❑ 2% (2%) of pupils responded that they find it 'not at all' easy to be as physically active as they like at playtimes.
- ❑ 91% (92%) of pupils responded that they find it 'quite' or 'very' easy to be as physically active as they like at playtimes.

ENJOY PHYSICAL ACTIVITY

- ❑ 2% (1%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 83% (86%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

EXERCISE

- ❑ 5% (4%) of boys and 4% (2%) of girls responded that they didn't exercise enough to breathe harder and faster at all last week.
- ❑ 80% (81%) of boys and 74% (78%) of girls responded that they exercised enough to breathe harder and faster three times or more last week.
- ❑ 2% (2%) of pupils responded that they don't do a single hour of physical activity in a typical week.
- ❑ 58% (64%) of pupils responded that they do at least five hours of physical activity in a typical week.
- ❑ 85% (83%) of pupils responded that they have found school lessons about physical education 'quite useful' or 'useful', while 7% (8%) found them 'not useful' and 4% (5%) couldn't remember any.

Alcohol and Tobacco

ALCOHOL

- ❑ 83% (47%) of pupils responded that they do not drink alcohol.
- ❑ 15% (47%) of pupils responded that they drink alcohol and their parents 'always' know.
- ❑ 1% (3%) of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.
- ❑ 1% (8%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 66% (62%) of pupils responded that they have found school lessons about alcohol 'quite useful' or 'useful', while 10% (12%) found them 'not useful' and 20% (23%) couldn't remember any.

SMOKING

- ❑ 3% (4%) of pupils responded that they have smoked in the past or smoke now.
- ❑ 0% (0%) of pupils responded that they smoked at least one cigarette in the 7 days before the survey.
- ❑ 65% (64%) of pupils responded that they have found school lessons about smoking 'quite useful' or 'useful', while 10% (11%) have found them 'not useful' and 21% (22%) couldn't remember any.

DRUGS

- ❑ 10% (12%) of pupils responded that they are 'fairly sure' or 'certain' they know someone who uses drugs in the area where they live.
- ❑ 6% (6%) of pupils responded that they are 'fairly sure' or 'certain' they know somewhere near where they live where people can buy drugs.

- ❑ 68% (66%) of pupils responded that they have found school lessons about medicines and drugs 'quite useful' or 'useful', while 9% (9%) have found them 'not useful' and 18% (20%) couldn't remember any.

Emotional Health and Wellbeing

GROWING UP

- ❑ 85% (79%) of pupils responded that they would like their parents/carers to talk with them about growing up and body changes, while 34% (30%) said they would like the school nurse to talk with them.
- ❑ 74% (69%) of pupils responded that they feel they know enough about how their body changes as they get older, while 7% (8%) feel they don't know enough.
- ❑ 45% (39%) of pupils responded that they feel 'happy' about growing up and body changes.
- ❑ 7% (4%) of pupils responded that they feel 'unhappy' about growing up and body changes.
- ❑ 12% (11%) of girls responded that they have started their periods, while 8% (6%) said they 'don't know' if they have.
- ❑ 73% (65%) of pupils responded that they have found school lessons about growing up and body changes 'quite useful' or 'useful', while 9% (11%) have found them 'not useful' and 14% (20%) couldn't remember any.

WORRYING

- ❑ 76% (76%) of pupils responded that they worry about at least one of the issues listed 'quite' or 'very' often.
- ❑ 38% (37%) of pupils responded that they 'quite' or 'very' often worry about moving on to secondary school; 35% (33%) said they worry about SATs/tests.
- ❑ 60% (59%) of pupils responded that they have found school lessons about emotional health and wellbeing (SEAL) 'quite useful' or 'useful', while 12% (13%) have found them 'not useful' and 23% (24%) couldn't remember any.

Safety

ACCIDENTS

- ❑ 27% (29%) of pupils responded that they have had an accident in the last 12 months which was treated by a doctor or at a hospital.
- ❑ 12% (12%) of pupils responded that their most recent accident in the last 12 months occurred while playing sport.
- ❑ 8% (8%) of pupils responded that their most recent accident in the last 12 months happened at school; 8% (7%) said it happened at home.

PEER PRESSURE

- ❑ 52% (52%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 15% (16%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

SCHOOL PLAYTIMES

- ❑ 2% (2%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes.

- ❑ 46% (42%) of pupils responded that they 'always' feel happy during school playtimes.
- ❑ 3% (3%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes.
- ❑ 73% (71%) of pupils responded that they 'always' feel safe during school playtimes.

BULLYING

- ❑ 64% (63%) of pupils responded that they have experienced at least one of the negative behaviours listed at least a 'few times' in the last month, while 6% (5%) experienced such behaviour 'every day'.
- ❑ 35% (32%) of pupils responded that they have been pushed/hit for no reason at least a 'few times' in the last month, while 17% (14%) said they have had belongings taken/broken.
- ❑ 36% (13%) of pupils responded that they have experienced negative behaviour outside at school during breaktimes in the last month, while 24% (8%) have experienced such behaviour in a classroom during breaktimes and 20% (8%) have experienced it at or near home.
- ❑ 21% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 11% (12%) said they 'don't know' if they have been.
- ❑ 22% (20%) of boys and 30% (33%) of girls responded that they at least 'sometimes' feel afraid to be in school because of bullying.
- ❑ 4% (4%) of pupils responded that they 'often' or 'very often' feel afraid to be in school because they may be bullied.
- ❑ 16% (19%) of pupils responded that they think they are being 'picked on' or bullied because of the way they look, while 14% (17%) think they are because of their size or weight.
- ❑ 4% (5%) of pupils responded that they have bullied someone else at school in the last 12 months, while 8% (10%) said they 'don't know' if they have.
- ❑ 2% (2%) of pupils responded that they think others may fear going to school because of them, while 10% (11%) said they 'don't know' if others have felt afraid.
- ❑ 77% (75%) of pupils responded that they think their school takes bullying seriously, while 10% (11%) think it doesn't take it seriously.
- ❑ 69% (70%) of pupils responded that their school deals with bullying 'quite' or 'very' well.
- ❑ 3% (3%) of pupils responded that their school deals with bullying 'badly', while 12% (10%) said that bullying is not a problem in their school.
- ❑ 78% (71%) of pupils responded that they have found school lessons about bullying 'quite useful' or 'useful', while 10% (13%) have found them 'not useful' and 8% (12%) couldn't remember any.

STRANGERS

- ❑ 24% (27%) of pupils responded that they have been approached by an adult who scared or upset them, while 10% (11%) said they are 'not sure' if they have been.
- ❑ 15% (16%) of pupils responded that they knew the person who scared or upset them.

INTERNET SAFETY

- ❑ 35% (40%) of pupils responded that they are 'never' supervised when using the internet at home.

Enjoying and Achieving

SCHOOL LESSONS

- ❑ 46% (47%) of pupils responded that they have found school lessons about relationships 'quite useful' or 'useful'.
- ❑ 14% (14%) of pupils responded that they have found school lessons about relationships 'not useful'.
- ❑ 59% (61%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 7% (6%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

LEISURE TIME

- ❑ 71% (75%) of pupils responded that they watched TV after school on the day before the survey, while 51% (49%) played sport and 41% (37%) used the internet.

ATTENDANCE

- ❑ 93% (94%) of pupils responded that they think it is important to go to school regularly, while 3% (3%) think it isn't important.
- ❑ 32% (32%) of pupils responded that they have been away from school due to illness or injury in the last month.
- ❑ 96% (97%) of pupils responded that their parents/carers 'always' know if they are away from school.
- ❑ 1% (1%) of pupils responded that their parents/carers 'never' know if they are away from school, while 2% (2%) said they know only 'sometimes'.

EVERY CHILD MATTERS

- ❑ 92% (91%) of pupils responded that their work is marked so they can see how to improve it and 69% (70%) said that their teachers realise when they don't understand.

VIEWS AND OPINIONS

- ❑ 31% (36%) of pupils responded that they feel their views and opinions are listened to during circle time in school, while 57% (53%) feel they are listened to through a school or class council.
- ❑ 51% (62%) of pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school.
- ❑ 58% (63%) of pupils responded that they would like to be asked more often for their ideas and opinions about what they learn in school.
- ❑ 61% (58%) of pupils responded that they have found school lessons about 'you and your community' 'quite useful' or 'useful', while 13% (14%) have found them 'not useful' and 22% (25%) couldn't remember any.

RESILIENCE

- ❑ 15% (20%) of pupils had a low measure of resilience (0 – 19).
- ❑ 38% (32%) of pupils had a high measure of resilience (26+).

❑ 59% (61%) of pupils responded that when something goes wrong they 'usually' or 'always' (2012: 'Whenever possible') learn from the experience for next time.

❑ 69% (67%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' (2012: 'Whenever possible') keep on trying until they do, while 45% (44%) said they ask for help.

Significant differences between 2014 and 2012 data

Below we have listed some statistically significant differences between the data collected in the 2014 survey and that collected in 2012.

	2014	2012
	Yr 6	Yr 6
Boys	2274	2113
Girls	2219	1998

Sig	2014	2012	Question
***	83%	47%	of pupils responded that they do not drink alcohol.
***	15%	47%	of pupils responded that they drink alcohol and their parents 'always' know.
***	36%	13%	of pupils responded that they have experienced negative behaviour outside at school during breaktimes in the last month.
***	24%	8%	of pupils responded that they have experienced negative behaviour in a classroom during breaktimes in the last month.
***	20%	8%	of pupils responded that they have experienced negative behaviour at or near home in the last month.
***	1%	8%	of pupils responded that they had an alcoholic drink in the 7 days before the survey.
***	51%	62%	of pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school.
***	60%	50%	of pupils responded that they 'rarely or never' drink energy drinks.
***	14%	20%	of pupils responded that they couldn't remember any school lessons about growing up and body changes.
***	85%	79%	of pupils responded that they would like their parents/carers to talk with them about growing up and body changes.
***	73%	65%	of pupils responded that they have found school lessons about growing up and body changes 'quite useful' or 'useful'.
***	78%	71%	of pupils responded that they have found school lessons about bullying 'quite useful' or 'useful'.
***	7%	4%	of pupils responded that they feel 'unhappy' about growing up and body changes.
***	8%	12%	of pupils responded that they couldn't remember any school lessons about bullying.
***	61%	67%	of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.
***	74%	69%	of pupils responded that they feel they know enough about how their body changes as they get older.
***	38%	32%	of pupils had a high measure of resilience (26+).
***	45%	39%	of pupils responded that they feel 'happy' about growing up and body changes.
***	58%	64%	of pupils responded that they do at least five hours of physical activity in a typical week.
***	15%	20%	of pupils had a low measure of resilience (0 – 19).
***	58%	63%	of pupils responded that they would like to be asked more often for their ideas and opinions about what they learn in school.
***	10%	13%	of pupils responded that they have found school lessons about bullying 'not useful'.
***	31%	36%	of pupils responded that they feel their views and opinions are listened to during circle time in school.
***	35%	40%	of pupils responded that they are 'never' supervised when using the internet at home.
***	34%	30%	of pupils responded that they would like the school nurse to talk with them about growing up and body changes.
***	41%	37%	of pupils responded that they used the internet after school on the day before the survey.
***	71%	75%	of pupils responded that they watched TV after school on the day before the survey.
***	2%	4%	of pupils responded that they had an energy drink for breakfast on the day of the survey.
***	46%	42%	of pupils responded that they 'always' feel happy during school playtimes.
***	83%	86%	of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
***	4%	5%	of pupils responded that they couldn't remember any school lessons about physical education.
***	9%	12%	of pupils responded that they drink fizzy drinks (not low-calorie) 'every day or most days'.

***	50%	55%	of pupils responded that they can get water from their own drinking bottle at school.
***	34%	30%	of pupils responded that they had water to drink for breakfast on the day of the survey.
***	1%	3%	of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.
***	66%	62%	of pupils responded that they have found school lessons about alcohol 'quite useful' or 'useful'.
***	17%	14%	of pupils responded that they have had belongings taken/broken at least a 'few times' in the last month.
***	85%	82%	of pupils responded that they have found school lessons about healthy eating 'quite useful' or 'useful'.
***	4%	3%	of pupils responded that they didn't exercise enough to breathe harder and faster at all last week.
***	22%	25%	of pupils responded that they couldn't remember any school lessons about 'you and your community'.
***	57%	53%	of pupils responded that they feel their views and opinions are listened to through a school or class council.
***	20%	23%	of pupils responded that they couldn't remember any school lessons about alcohol.
***	77%	80%	of pupils responded that they exercised enough to breathe harder and faster three times or more last week.
***	16%	19%	of pupils responded that they think they are being 'picked on' or bullied because of the way they look.
***	21%	24%	of pupils responded that they have been bullied at or near school in the last 12 months.
***	14%	17%	of pupils responded that they think they are being 'picked on' or bullied because of their size or weight.
***	24%	27%	of pupils responded that they have been approached by an adult who scared or upset them.
***	18%	20%	of pupils responded that they couldn't remember any school lessons about medicines and drugs.
***	61%	58%	of pupils responded that they have found school lessons about 'you and your community' 'quite useful' or 'useful'
***	12%	10%	of pupils responded that bullying is not a problem in their school.
***	35%	32%	of pupils responded that they have been pushed/hit for no reason at least a 'few times' in the last month.
***	92%	94%	of pupils responded that they have been to the dentist in the last year.
***	85%	83%	of pupils responded that they have found school lessons about physical education 'quite useful' or 'useful'.
***	25%	28%	of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
***	5%	6%	of pupils responded that they couldn't remember any school lessons about healthy eating.
**	10%	12%	of pupils responded that they are 'fairly sure' or 'certain' they know someone who uses drugs in the area where they live.
**	48%	51%	of pupils responded that they ate cereal (not porridge/Readybrek) for breakfast on the day of the survey.
**	7%	9%	of pupils responded that they have found school lessons about healthy eating 'not useful'.
**	77%	75%	of pupils responded that they think their school takes bullying seriously.
**	2%	1%	of pupils responded that they don't enjoy physical activities at all.
*	7%	5%	of pupils responded that they last went to the dentist more than a year ago.
*	69%	67%	of pupils responded that if at first they don't succeed, they 'usually' or 'always' (2012: 'Whenever possible') keep on trying until they do.
*	30%	32%	of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.
*	9%	11%	of pupils responded that they have found school lessons about growing up and body changes 'not useful'.
*	68%	66%	of pupils responded that they have found school lessons about medicines and drugs 'quite useful' or 'useful'.
*	96%	97%	of pupils responded that their parents/carers 'always' know if they are away from school.

* 2% 2% of pupils responded that they didn't eat or drink anything before lessons on the day of the survey.

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Self-Evaluation Form – Primary Survey Evidence

North Yorkshire

The following is a set of figures that you can use as evidence for your school self-evaluation. The data for all pupils surveyed (boys and girls) have been combined to give you one overall figure for your school compared with the wider sample for all of North Yorkshire.

NORTH YORKSHIRE HEALTHY SCHOOLS – HEALTH AND WELLBEING AWARD

The North Yorkshire Healthy Schools programme uses the DFE Healthy Schools tools and has been designed to help schools develop the wider thinking and planning they will need to do in order to achieve better outcomes around health and wellbeing for children and young people.

The following set of data from SHEU can be used to support your identification of outcomes.

Achievement

	North Yorkshire
Percentage of pupils who know their own targets and are helped to meet them:	82%
Percentage of pupils whose achievements in and out of school are recognised:	68%
Percentage of pupils who report that their work is marked so that they can see how to improve it:	92%

Quality of teaching

	North Yorkshire
Percentage of pupils who enjoy less than half their lessons:	16%
Percentage of pupils who report that the school encourages them to attempt difficult work:	83%
Percentage of pupils who report that the school tells them it is OK to make mistakes:	83%
Percentage of pupils who report that their teachers realise when they don't understand:	69%
Percentage of pupils who report that the opinions of young people make a difference to what they learn in school:	51%
Percentage of pupils who report that the opinions of young people make a difference to how they learn in school:	52%

Behaviour and Safety

	North Yorkshire
Percentage of pupils who have drunk alcohol in the last 7 days:	1%
Percentage of pupils who have ever tried smoking:	3%
Percentage of pupils who have smoked in the last 7 days:	0%
Percentage of pupils bullied at or near school in the last 12 months:	21%
Percentage of pupils who think that their school deals with bullying 'quite' or 'very' well:	69%
Percentage of pupils who are taught how to deal with or manage their feelings positively:	63%
Percentage of pupils who have been taught or given advice about sharing their personal information online:	71%
Percentage of pupils who report that they 'always' follow the internet safety advice they have been given:	69%
Percentage of pupils who communicate (chat or message) online with people they have met online and don't know in real life:	12%
Percentage of pupils who have experienced someone writing or showing things to hurt or upset them online (with text, pictures or video):	14%
Percentage of pupils who found school lessons about relationships 'quite useful' or 'useful':	46%
Percentage of pupils who found school lessons about growing up and body changes 'quite useful' or 'useful':	73%
Percentage of pupils who found school lessons about smoking 'quite useful' or 'useful':	65%
Percentage of pupils who found school lessons about alcohol 'quite useful' or 'useful':	66%
Percentage of pupils who found school lessons about medicines and drugs 'quite useful' or 'useful':	68%
Percentage of pupils who found school lessons about emotional health and wellbeing (SEAL) 'quite useful' or 'useful':	60%
Percentage of pupils who found school lessons about bullying 'quite useful' or 'useful':	78%
Percentage of pupils who have been called 'gay' in the last month:	28%

Leadership and Management

	North Yorkshire
Percentage of pupils who feel the school prepares them for when they leave:	86%
Percentage of pupils who feel the school helps them work as part of a team:	82%
Percentage of pupils who found school lessons about the world of work 'quite useful' or 'useful':	57%

Overall Effectiveness (including spiritual, social, moral and cultural development)

	North Yorkshire
Percentage of pupils with a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.	34%
Percentage of pupils who report that in this school people from different backgrounds are valued:	70%
Percentage of pupils who report that the school encourages everyone to treat each other with respect:	89%
Percentage of pupils who think the school cares whether or not they are happy:	74%
Percentage of pupils who feel encouraged by the school to contribute to community events:	65%
Percentage of pupils with a low measure of resilience (0 – 19):	15%
Percentage of pupils with a high measure of resilience (26+):	38%

Guidance on using the 2014 data: *Growing up in North Yorkshire*

The following is collated from school responses and work with schools, as to how they have successfully used previous data to identify needs, respond to issues identified and develop provision.

School Self-Evaluation

- Many schools have used the data well as part of their self-evaluation processes. The data has provided useful evidence of impact of the schools' provision especially focussed on outcomes for pupils, and has been included in a number of different sections in a school's self-evaluation form (SEF). Some schools have included a brief report to the governing body on the outcomes of the questionnaire informing school priorities. Additional questions have been added to the 2014 Growing Up in North Yorkshire survey to support the self-evaluation of the school's provision including Safeguarding, Spiritual, Moral, Social and Cultural Development and Learning, aligned to Ofsted judgements. Indicators aligned to the 2012 Section 5 Ofsted Inspection Framework (amended April 2014) precede this guidance section.

Policy review

- For some schools the data has informed policy review, for example, Sex and Relationships Education. Drugs policies, Anti-Bullying and e-Safety policies.

Pupil Voice

- Where pupils reported not feeling listened to, this has led to changes in practice and review of mechanisms to gather pupil voice and implement responses. Some examples include; introducing comments boxes in classes for private questions/concerns and follow-up pupil questionnaires.
- Some schools have developed more focussed follow-up through, for example, their school councils on specific issues arising through the data.

Emerging Issues

- Many schools highlighted concerns about Internet use and the need to develop work around cyber bullying and e-safety.
- A number of schools found that the data raised unexpected issues, such as the use of alcohol, especially in primary schools, which challenged previous assumptions. The schools responded by ensuring that they put strategies in place to address this, including a focus in the curriculum.
- Pupil responses highlighted a number of gender differences regarding a range of different issues which informed school-based planning.
- Lower self-esteem scores (especially in girls) highlighted the need to address self-confidence in a number of schools.
- As a result of feedback on transition experiences some schools have revisited their transition programmes and put in specific additional transition activities, for example, inviting Year 7 pupils to talk with Year 6 pupils.

Curriculum Development

- As a result of the feedback from the data, many schools have reviewed their Sex and Relationships provision. For some schools they have decided to include additional focussed activities for Year 5 pupils in preparation for puberty where previously the focus had been in Year 6.
- In many schools data has been used to inform and shape the PSHE and Citizenship curriculum.
- Use of the data through the curriculum, for example, data has been used in Mathematics lessons (e.g. pie charts). Pupils were motivated by the data and the data made the lessons feel more relevant.

Additional Provision

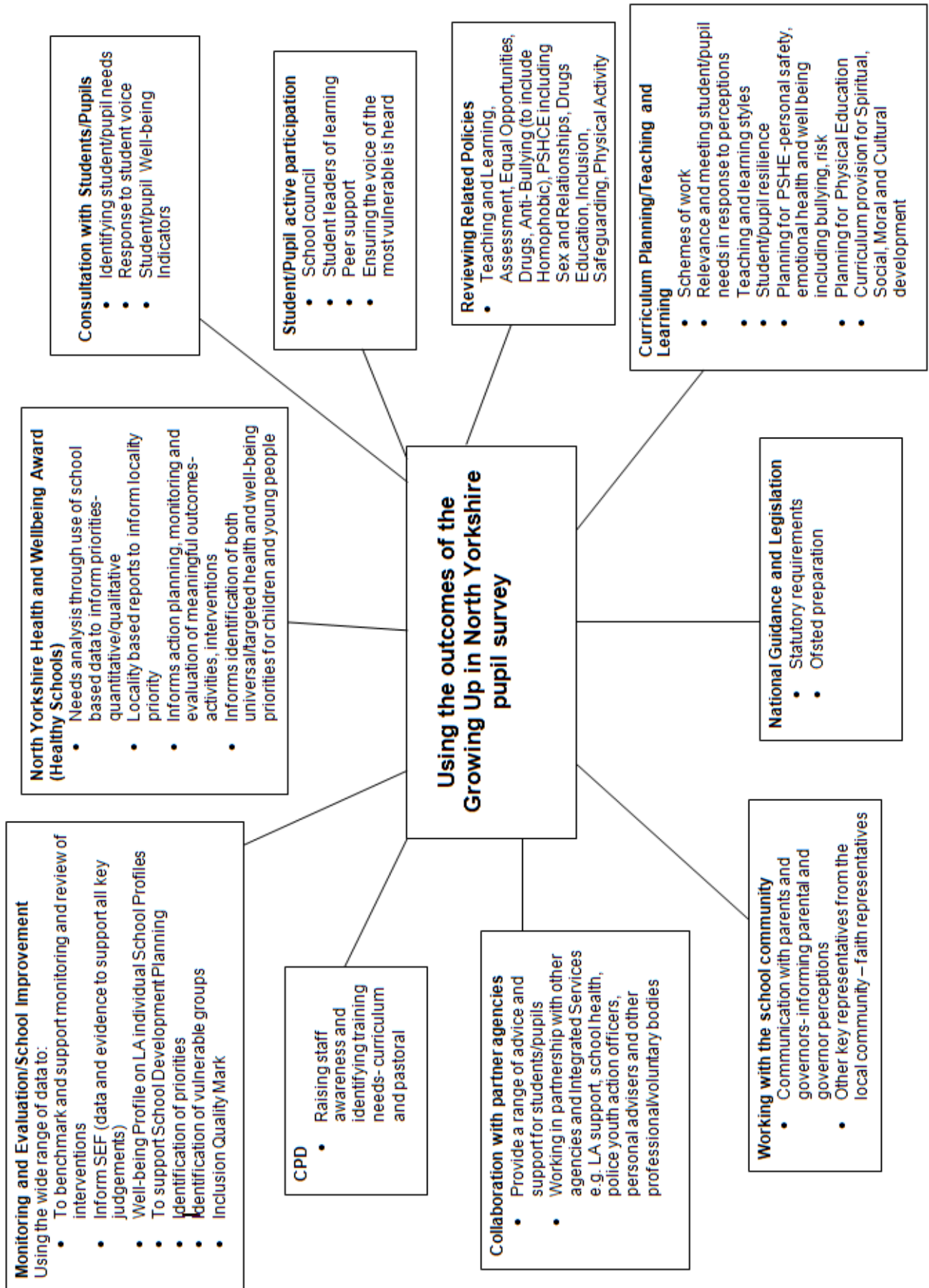
- Some schools have chosen to develop nurture groups.
- A number of schools have set up specific intervention groups for pupils engaged in some aspects of risky behaviours based on emerging issues for school data, for example, a Year 10 intervention group for a small group of boys engaged in substance misuse. Another school established an intervention group for a small number of Year 8 pupils in relation to alcohol use. Use of the data informed a 'normative' approach to ensure that some perceptions of pupils were able to be challenged.
- Pupil responses have provided many schools with a greater insight into pupil home life and background, providing valuable data to inform needs analysis.
- Further extended schools provision has been enhanced as data has been used to inform schools where there are gaps, particularly with regard to clubs involving physical activity.
- A number of breakfast clubs have been set up in response to data.
- Data has been useful to inform schools on the use of outside agencies to support their work with pupils and highlight particular gaps in provision.
- Pupil responses regarding physical activity have emphasised the need to develop PE and school sport provision.

Working with Parents

- Cooking clubs have emerged as a popular choice for schools, providing education for pupils and parents.
- Forums for parents regarding emerging issues such as drugs, alcohol and e-safety have been developed as a result of pupils' responses. Sharing relevant data with parents has been helpful in alleviating concerns that parents had about perceived levels of risky behaviours (compared to the in-school reality).

Continuing Professional Development (CPD)

- Data has been crucial in identifying whether current CPD is meeting the needs of the staff and pupils and highlighting areas for staff development to increase expertise and confidence in developing provision.



Equalities monitoring in North Yorkshire 2014

Information is collected about social identities among pupils in North Yorkshire.

Percentages in each year from social identity groups	Year 2	Year 6	Year 8	Year 10
Ethnic minority		6	9	7
Young carer	NA	NA	3	3
Children in care		<1	<1	1
Single-parent family		14	15	16
Not in own home	NA	NA	2	2
Special educational needs (SEN)		7	7	7
Disability or long-term illness		6	3	3
Free school meals		9	9	7
Armed forces family		5	5	5
Sexual identity (lesbian, gay or bisexual (LGB))	NA	NA	NA	6

We have done some analysis to see if the behaviours we see among young people in our county are different if they are to be found under one of the social identity headings above. We show the results below for Year 6 pupils. Not all differences show statistical significance; sample size is a factor.

Percentages in each social identity group reporting different behaviours - primary	All Y6 ***	Ethnic minority	Single- parent family	Special educatio nal needs	Disability or long- term illness	Free school meals	Armed forces family ****
Eat 5-a-day	30	34	*24	*20	26	*23	*22
Ever tried smoking	3	*5	*6	*6	5	*8	*6
Drank last week	1	0	2	*4	3	*4	2
7+ hours exercise/week	35	32	*28	32	38	*27	30
High wellbeing score**	34	31	*28	35	29	*26	37
Bullied at or near school last year	21	24	24	26	*31	*31	*31
Worry 'very often' about health	6	*9	8	*15	*10	*11	*10
Worry 'very often' about going to secondary school	16	16	18	*23	19	*24	19
Had accident last year	27	22	27	*35	*42	*34	31
Enjoy 'most'/'all' school lessons	59	61	*51	58	58	55	61
The school encourages everyone to treat each other with respect	89	89	86	*76	81	80	87
I know my own targets and I am helped to meet them	82	82	79	73	79	73	81
Pupils' views make a difference in school	73	74	71	70	71	73	73
Numbers of pupils	4508	278	590	311	259	372	228

Shaded = a significant difference was found in 2012.

* = Difference from All Y6 is statistically significant (**bold** = more so).

** = New question for the 2014 equalities analysis.

*** = Figures given as % of whole sample and may differ slightly from those given elsewhere in this or other reports.

**** = Different criteria used in 2014 and 2012.

Background

Ethnicity

93% of pupils responded that they are White British.

QD. Percentage responding that they are White British.
North Yorkshire

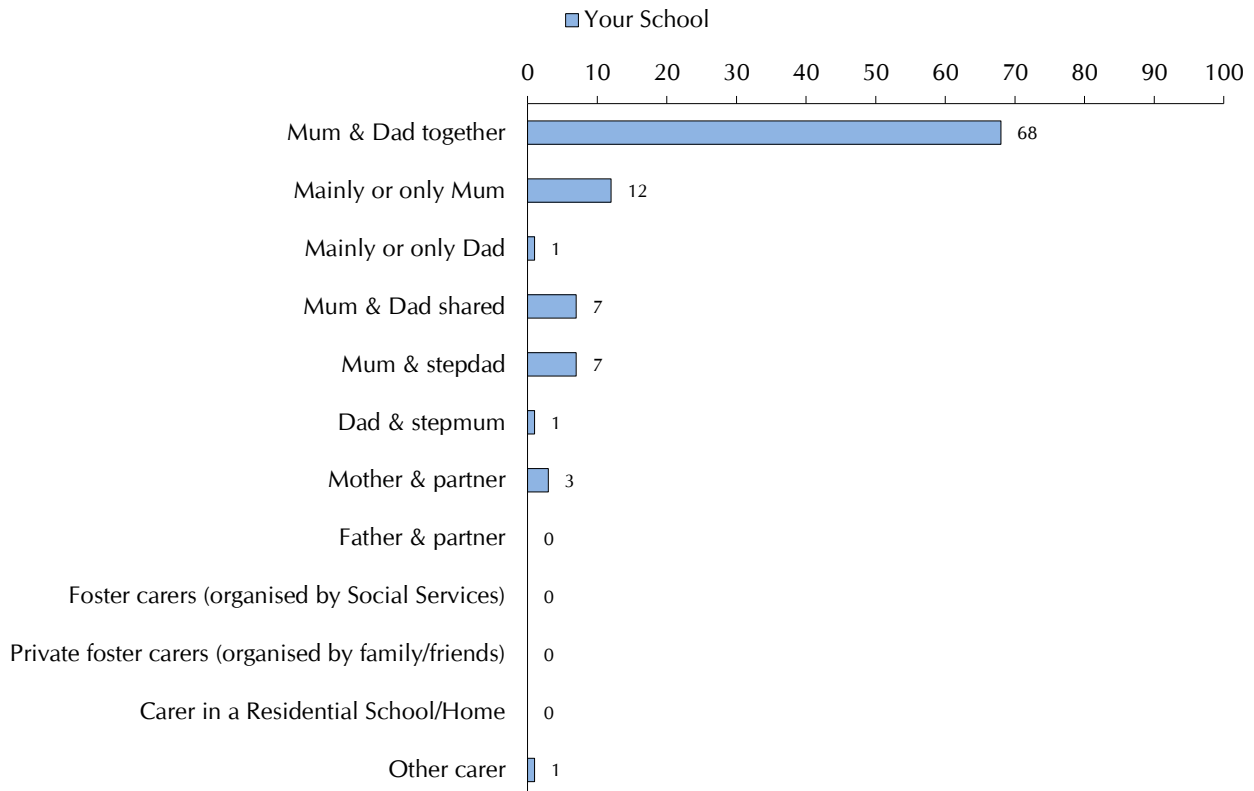
Yr 6

Boys 93

Girls 92

Home Life

Q1. Which adults do you live with?



68% of pupils responded that they live with their Mum and Dad together.

Q1. Percentage answering that they live with their Mum and dad together.

North Yorkshire

Yr 6

Boys 69

Girls 68

12% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

Q1. Percentage answering that they live 'mainly or only' with their Mum.

North Yorkshire

Yr 6

Boys 12

Girls 12

5% of pupils responded that they have a parent/carer who is in the British Army, Royal Navy or Royal Air Force, or the Reserves, while 5% said they are 'not sure' if they do.

Q2a. Percentage responding that they have a parent/ carer in the British Army, Royal Navy or Royal Air Force, or the Reserves.

North Yorkshire

Yr 6

Boys 6
Girls 5

Q2b. Percentage of pupils responding that their following carers are in the armed forces:

Mum or Dad
Mum or Dad's partner
Foster carer
Other carer

Year 6		Total
Boys	Girls	
5	4	4
0	0	0
0	0	0
0	0	0

2% of pupils responded that they have a parent/carer who is in the Army, Navy or Royal Air Force who has been away on operations in the last year, while 2% said they are 'not sure' if they have been.

Q2d. Percentage responding that they have a parent/ carer in the Army, Navy or Royal Air Force who has been away on operations in the last year.

North Yorkshire

Yr 6

Boys 3
Girls 1

7% of pupils responded that they have a special educational need or learning difficulty, while 7% said they are 'not sure' if they have.

Q3. Percentage responding that they have a special educational need or learning difficulty.

North Yorkshire

Yr 6

Boys 9
Girls 6

1% of pupils responded that they spend part of their school week learning at another school or centre, while 1% said they are 'not sure' if they do.

Q4. Percentage responding that they spend part of the week learning at another school or centre.

North Yorkshire

Yr 6

Boys 1
Girls 1

6% of pupils responded that they have a disability or long-standing illness, while 6% said they are 'not sure' if they do.

Q5. Percentage responding that they have a disability or long-standing illness.

North Yorkshire

Yr 6

Boys 7
Girls 5

8% of pupils responded that they get free school meals or vouchers for school meals, while 8% said they are 'not sure' if they do.

Q6. Percentage responding that they get free school meals or vouchers for school meals.

North Yorkshire

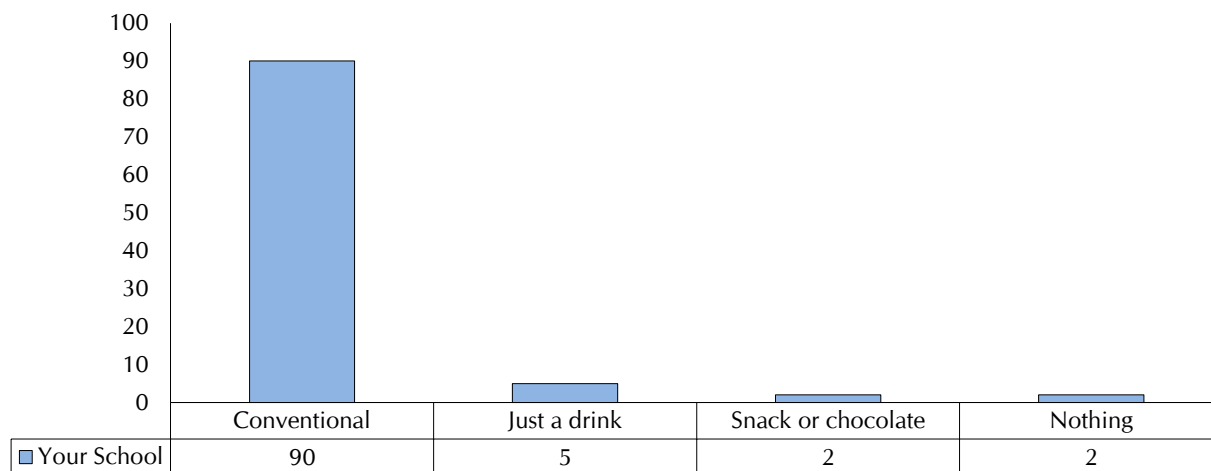
Yr 6

Boys 8
Girls 8

Healthy Eating

Breakfast

Q7a. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; porridge; toast or bread; cooked breakfast; fruit; yoghurt or breakfast bar. Snack or chocolate means: crisp-type snacks; biscuits or cakes; or chocolate bars/sweets but not conventional breakfast.

2% of pupils responded that they didn't eat or drink anything before lessons on the day of the survey, while 6% said they had a cooked breakfast.

Q7a. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.

North Yorkshire

Yr 6

Boys 1

Girls 2

5% of pupils responded that they had just a drink for breakfast on the day of the survey.

Q7a. Percentage answering that they had just a drink for breakfast before lessons on the day of the survey.

North Yorkshire

Yr 6

Boys 5

Girls 4

48% of pupils responded that they ate cereal (not porridge/Readybrek) for breakfast on the day of the survey, while 31% said they had toast or bread.

Q7a. Percentage of pupils responding that they had the following to eat for breakfast on the day of the survey (top 5):

Boys		Girls			
1	Other cereal	48	1	Other cereal	47
2	Toast or bread	31	2	Toast or bread	30
3	Fruit	13	3	Fruit	15
4	Cooked breakfast	7	4	Yoghurt	7
5	Yoghurt	6	5	Breakfast bars	6

34% of pupils responded that they had water to drink for breakfast on the day of the survey, while 2% said they had an energy drink.

Q7a. Percentage of pupils responding that they had the following to drink for breakfast on the day of the survey:

Boys		Girls			
1	Water	32	1	Water	37
2	Other drink	30	2	Other drink	30
3	Watery drinks (squash)	17	3	Watery drinks (squash)	20
4	Energy drink	4	4	Energy drink	1

90% of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

Q7b. Percentage of pupils responding that they had something to eat or drink for breakfast at the following:

Boys		Girls			
1	At home	90	1	At home	90
2	At school	5	2	On the way to school	4
3	On the way to school	4	3	At school	4
4	Somewhere else	2	4	Somewhere else	2

Drinks

73% of pupils responded that they drink water 'every day or most days'; 9% said the same of fizzy drinks (not low-calorie).

Q8. Percentage of pupils responding that they drink the following 'every day or most days':

Boys		Girls			
1	Water	70	1	Water	77
2	Milk	42	2	Milk	33
3	Tea or coffee	15	3	Tea or coffee	12
4	Other fizzy drinks	10	4	Other fizzy drinks	8
5	Hot chocolate	8	5	Hot chocolate	7
6	'Diet' (low calorie) drinks	5	6	'Diet' (low calorie) drinks	4
7	Energy drinks (with caffeine)	4	7	Energy drinks (with caffeine)	2

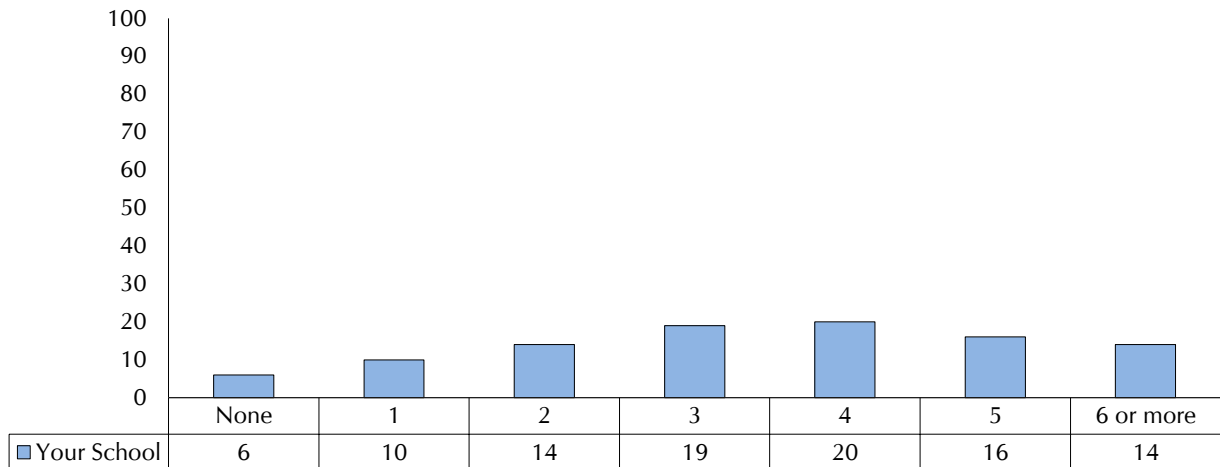
19% of pupils responded that they 'rarely or never' drink milk; 60% said the same of energy drinks.

Q8. Percentage of pupils responding that they 'rarely or never' drink the following:

Boys		Girls			
1	Energy drinks (with caffeine)	53	1	Energy drinks (with caffeine)	68
2	Tea or coffee	46	2	Tea or coffee	49
3	Hot chocolate	41	3	'Diet' (low calorie) drinks	45
4	'Diet' (low calorie) drinks	37	4	Hot chocolate	38
5	Other fizzy drinks	22	5	Other fizzy drinks	27
6	Milk	17	6	Milk	22
7	Water	5	7	Water	4

Five-a-day

Q9. How many portions of fruit and vegetables did you eat yesterday?



8% of boys and 5% of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q9. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

North Yorkshire

Yr 6

Boys 8

Girls 5

28% of boys and 31% of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q9. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

North Yorkshire

Yr 6

Boys 28

Girls 31

85% of pupils responded that they have found school lessons about healthy eating 'quite useful' or 'useful', while 7% found them 'not useful' and 5% couldn't remember any.

Q53. Percentage answering that they have found school lessons about healthy eating 'quite useful' or 'useful'.

North Yorkshire

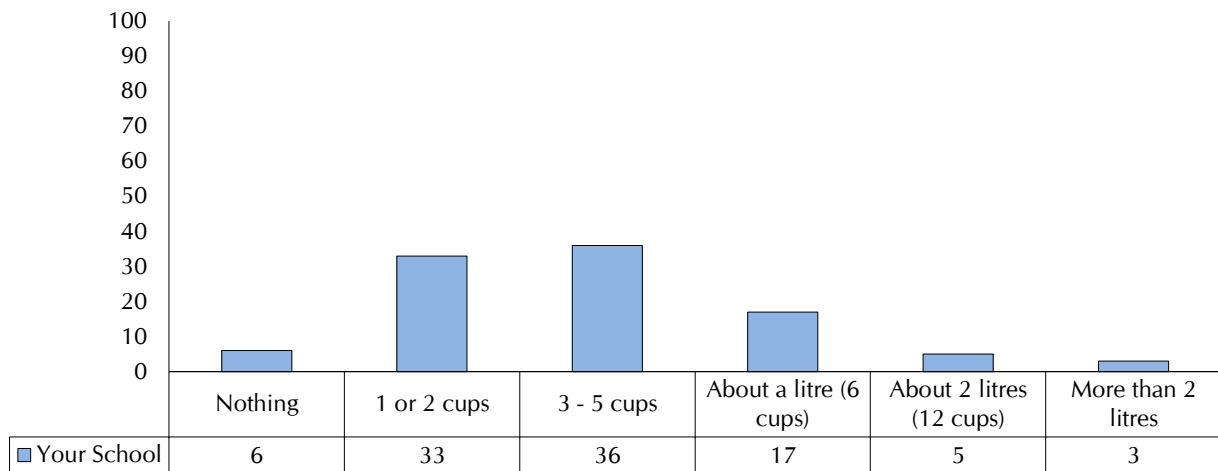
Yr 6

Boys 83

Girls 86

Water

Q10. How much water did you drink yesterday?



6% of pupils responded that they didn't drink any water on the day before the survey.

Q10. Percentage answering that they didn't drink any water on the day before the survey.

North Yorkshire

Yr 6

Boys 7

Girls 6

25% of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

Q10. Percentage answering that they drank at least 'about a litre' of water on the day before the survey.

North Yorkshire

Yr 6

Boys 28

Girls 22

97% of pupils responded that they can get water at school, while 3% said 'not easily'.

Q11a. Percentage answering that they can easily get water at school.

North Yorkshire

Yr 6

Boys 97

Girls 97

40% of pupils responded that they can get water from the canteen/dinner room at school; 50% said they can get it from their own drinking bottle.

Q11b. Percentage of pupils responding that they can get water from the following at school (top 5):

Boys		Girls			
1	Water fountain	48	1	My own drinking bottle	57
2	My own drinking bottle	44	2	Water fountain	51
3	Tap in classroom	38	3	Canteen/dinner room	44
4	Canteen/dinner room	37	4	Tap in classroom	40
5	Water cooler	20	5	Water cooler	20

Health & Hygiene

Hygiene

66% of pupils responded that they washed their hands before lunch on the day before the survey, while 10% said they are 'not sure' if they did.

Q12. Percentage answering that they washed their hands before lunch on the day before the survey.

North Yorkshire

Yr 6

Boys 65
Girls 66

Dental health

92% of pupils responded that they have been to the dentist in the last year, while 7% said they last went more than a year ago and 1% have never been.

Q13. Percentage answering that they have been to the dentist in the last year.

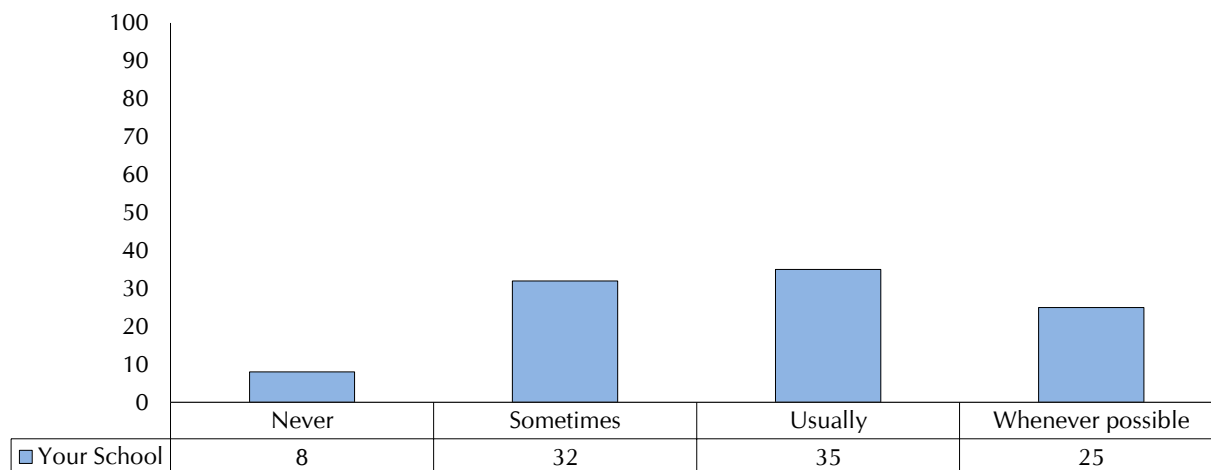
North Yorkshire

Yr 6

Boys 91
Girls 94

Sun safety

Q30. Do you do anything to avoid sunburn?



8% of pupils responded that they 'never' do anything to avoid sunburn.

Q30. Percentage answering that they 'never' do anything to avoid sunburn.

North Yorkshire

Yr 6

Boys 10
Girls 5

61% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

Q30. Percentage answering that they 'usually' or 'whenever possible' do something to avoid sunburn.

North Yorkshire

Yr 6

Boys 58
Girls 64

Physical Activity

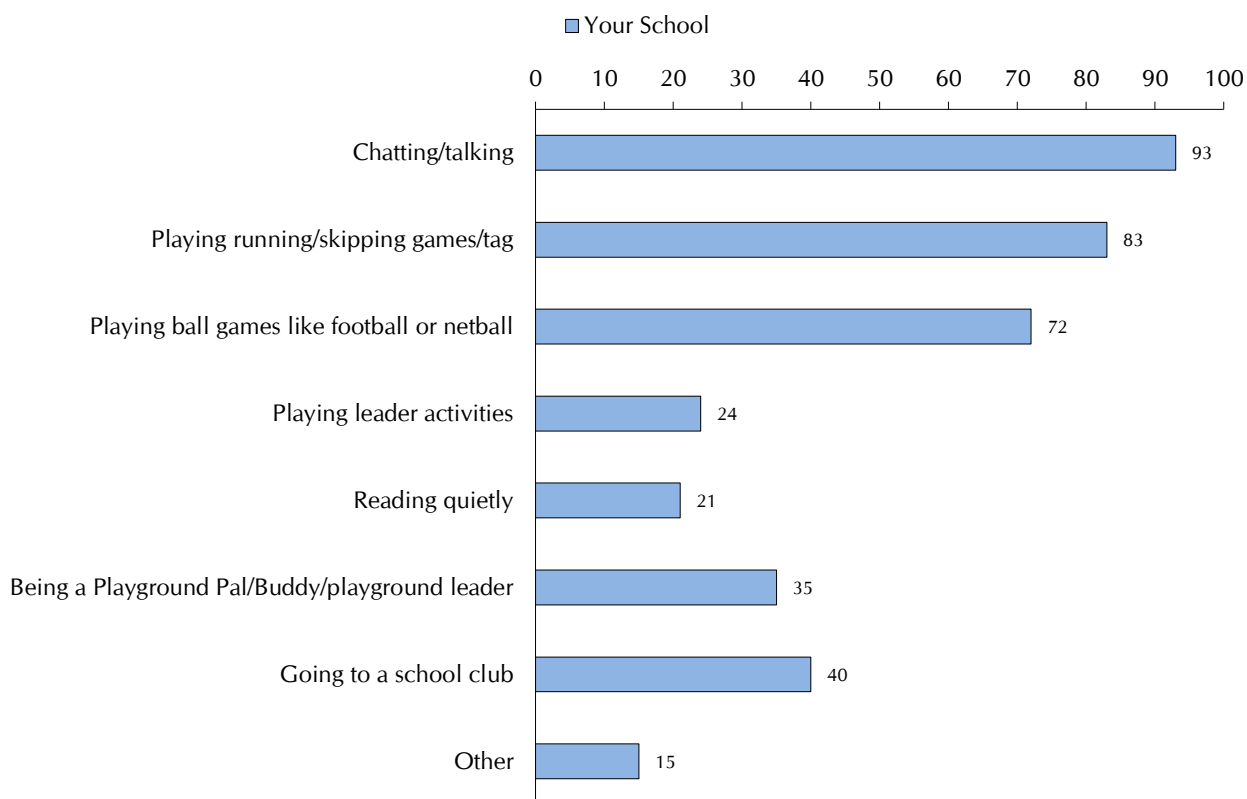
School breaktimes

83% of pupils responded that they at least 'sometimes' play running/skipping games/tag during school outdoor breaktimes, while 72% said they play ball games like football or netball.

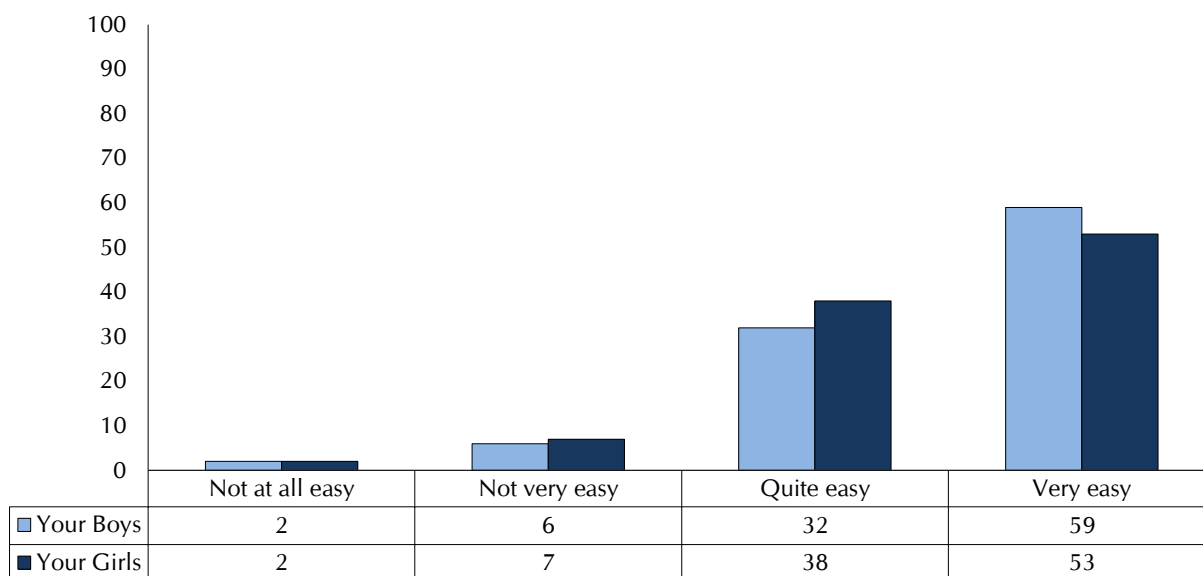
Q14. Percentage of pupils responding that they do the following at least 'sometimes' during school outdoor breaktimes:

Boys			Girls		
1	Chatting/talking	89	1	Chatting/talking	96
2	Playing ball games like football or netball	83	2	Playing running/skipping games/tag	86
3	Playing running/skipping games/tag	81	3	Playing ball games like football or netball	61
4	Going to a school club	38	4	Going to a school club	41
5	Being a Playground Pal/Buddy/playground leader	30	5	Being a Playground Pal/Buddy/playground leader	40
6	Play leader activities	22	6	Play leader activities	26
7	Reading quietly	19	7	Reading quietly	23
8	Other	11	8	Other	18

Q14. Percentage of pupils responding that they do the following at least 'sometimes' during school outdoor breaktimes:



Q15. Do you find it easy to be as physically active as you like at playtimes?



2% of pupils responded that they find it 'not at all' easy to be as physically active as they like at playtimes.

Q15. Percentage answering that they find it 'not at all' easy to be as physically active as they like at playtimes.

North Yorkshire

Yr 6

Boys 2

Girls 2

91% of pupils responded that they find it 'quite' or 'very' easy to be as physically active as they like at playtimes.

Q15. Percentage answering that they find it 'quite' or 'very' easy to be as physically active as they like at playtimes.

North Yorkshire

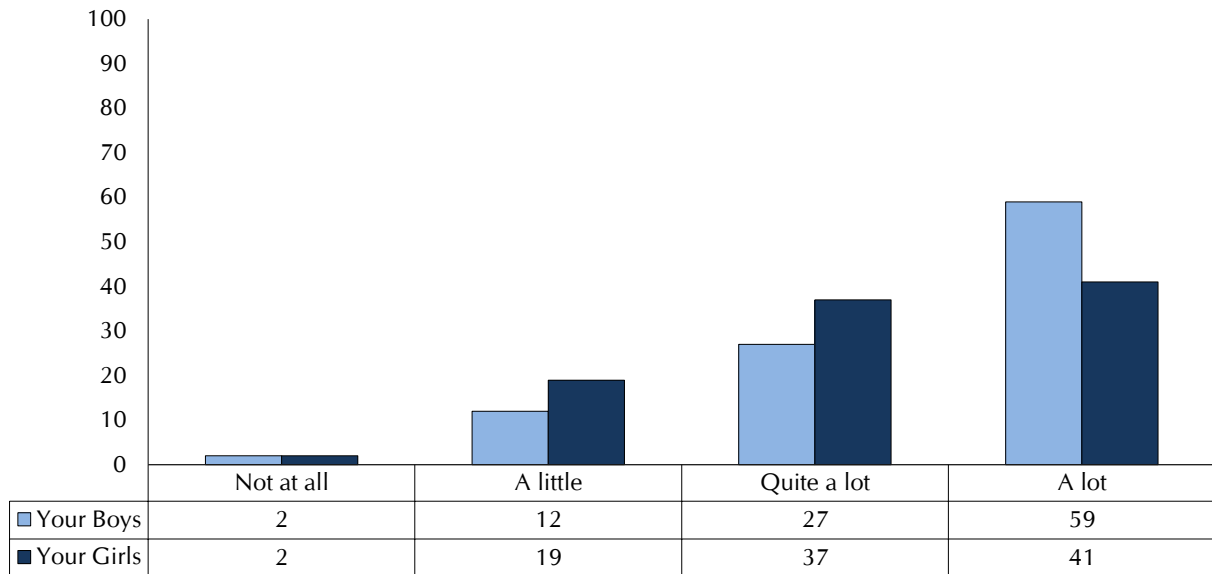
Yr 6

Boys 92

Girls 91

Enjoy physical activity

Q16. How much do you enjoy physical activities?



2% of pupils responded that they don't enjoy physical activities at all.

Q16. Percentage answering that they don't enjoy physical activities at all.

North Yorkshire

Yr 6

Boys 2

Girls 2

83% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q16. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

North Yorkshire

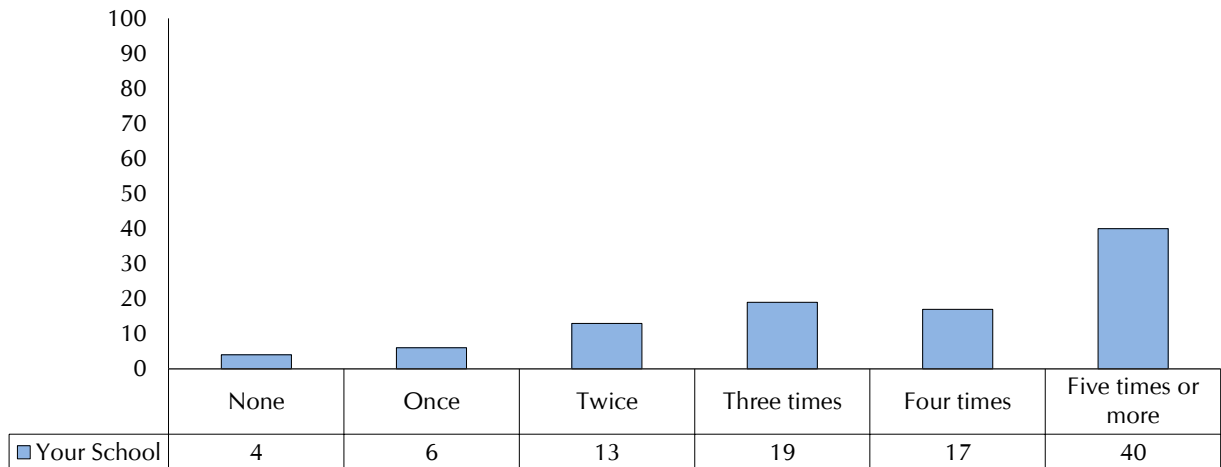
Yr 6

Boys 86

Girls 79

Exercise

Q17. How many times last week did you exercise enough to make you breathe harder and faster?



5% of boys and 4% of girls responded that they didn't exercise enough to breathe harder and faster at all last week.

Q17. Percentage answering that they didn't exercise enough to breathe harder and faster at all last week.

North Yorkshire

Yr 6

Boys 5

Girls 4

80% of boys and 74% of girls responded that they exercised enough to breathe harder and faster three times or more last week.

Q17. Percentage answering that they exercised enough to breathe harder and faster three times or more last week.

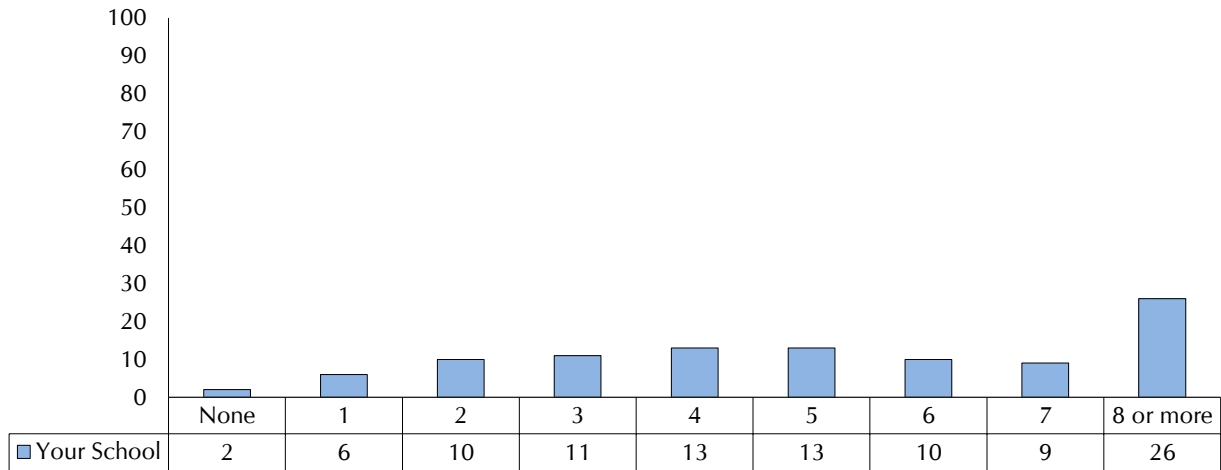
North Yorkshire

Yr 6

Boys 80

Girls 74

Q18. How many hours of physical activity do you do in a typical week in and out of school?



2% of pupils responded that they don't do a single hour of physical activity in a typical week.

Q18. Percentage answering that they don't do a single hour of physical activity in a typical week.

North Yorkshire

Yr 6

Boys 2

Girls 2

58% of pupils responded that they do at least five hours of physical activity in a typical week.

Q18. Percentage answering that they do at least five hours of physical activity in a typical week.

North Yorkshire

Yr 6

Boys 64

Girls 52

85% of pupils responded that they have found school lessons about physical education 'quite useful' or 'useful', while 7% found them 'not useful' and 4% couldn't remember any.

Q53. Percentage answering that they have found school lessons about physical education 'quite useful' or 'useful'.

North Yorkshire

Yr 6

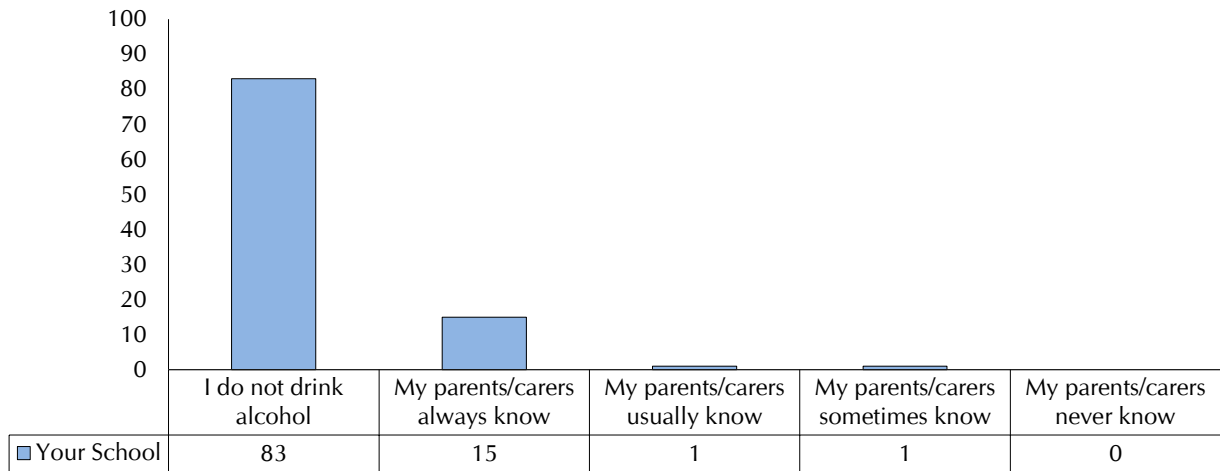
Boys 85

Girls 85

Alcohol and Tobacco

Alcohol

Q19. Do your parents/carers know if you drink alcohol?



83% of pupils responded that they do not drink alcohol.

Q19. Percentage answering that they do not drink alcohol.

North Yorkshire

Yr 6

Boys 80

Girls 85

15% of pupils responded that they drink alcohol and their parents 'always' know.

Q19. Percentage answering that they drink alcohol and their parents 'always' know.

North Yorkshire

Yr 6

Boys 17

Girls 12

1% of pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

Q19. Percentage answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

North Yorkshire

Yr 6

Boys 2

Girls 1

1% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q20. Percentage answering that they had an alcoholic drink in the 7 days before the survey.

North Yorkshire

Yr 6

Boys 2

Girls 1

66% of pupils responded that they have found school lessons about alcohol 'quite useful' or 'useful', while 10% found them 'not useful' and 20% couldn't remember any.

Q53. Percentage answering that they have found school lessons about alcohol 'quite useful' or 'useful'.

North Yorkshire

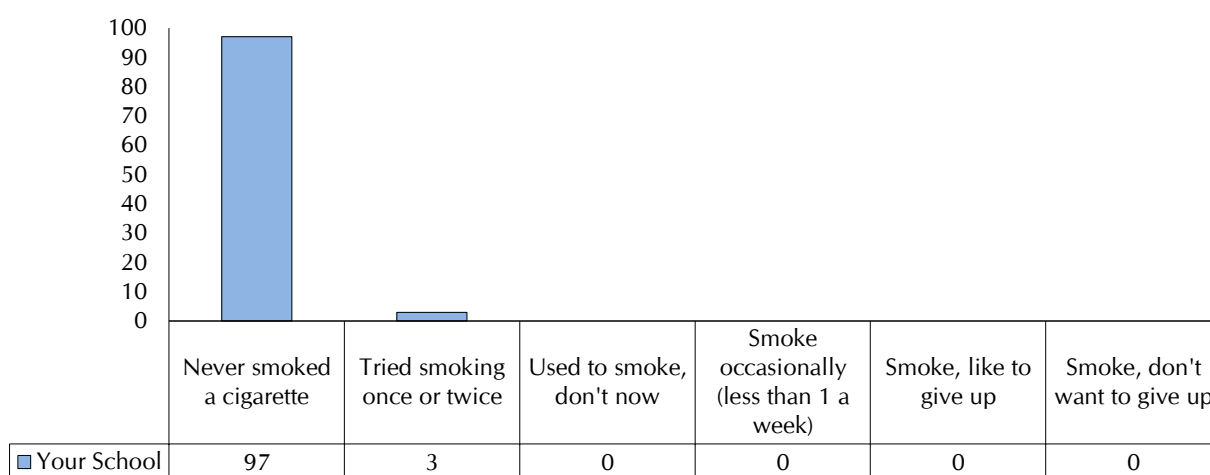
Yr 6

Boys 64

Girls 69

Smoking

Q22. Smoking: Which sentence describes you best?



3% of pupils responded that they have smoked in the past or smoke now.

Q22. Percentage answering that they have smoked in the past or smoke now.

North Yorkshire

Yr 6

Boys 4

Girls 2

0% of pupils responded that they smoked at least one cigarette in the 7 days before the survey.

Q23. Percentage answering that they smoked at least one cigarette in the 7 days before the survey.

North Yorkshire

Yr 6

Boys 0

Girls 0

65% of pupils responded that they have found school lessons about smoking 'quite useful' or 'useful', while 10% have found them 'not useful' and 21% couldn't remember any.

Q53. Percentage answering that they have found school lessons about smoking 'quite useful' or 'useful'.

North Yorkshire

Yr 6

Boys 62

Girls 69

Drugs

10% of pupils responded that they are 'fairly sure' or 'certain' they know someone who uses drugs in the area where they live.

6% of pupils responded that they are 'fairly sure' or 'certain' they know somewhere near where they live where people can buy drugs.

68% of pupils responded that they have found school lessons about medicines and drugs 'quite useful' or 'useful', while 9% have found them 'not useful' and 18% couldn't remember any.

Q24. Percentage answering that they are 'fairly sure' or 'certain' they know someone who uses drugs in the area where they live.

North Yorkshire

Yr 6

Boys 12

Girls 8

Q25. Percentage answering that they are 'fairly sure' or 'certain' they know where people can buy drugs.

North Yorkshire

Yr 6

Boys 7

Girls 5

Q53. Percentage answering that they have found school lessons about medicines and drugs 'quite useful' or 'useful'.

North Yorkshire

Yr 6

Boys 66

Girls 70

Emotional Health and Wellbeing

Growing up

85% of pupils responded that they would like their parents/carers to talk with them about growing up and body changes, while 34% said they would like the school nurse to talk with them.

Q26. Percentage of pupils responding that they would like the following people to talk with them about growing up and body changes:

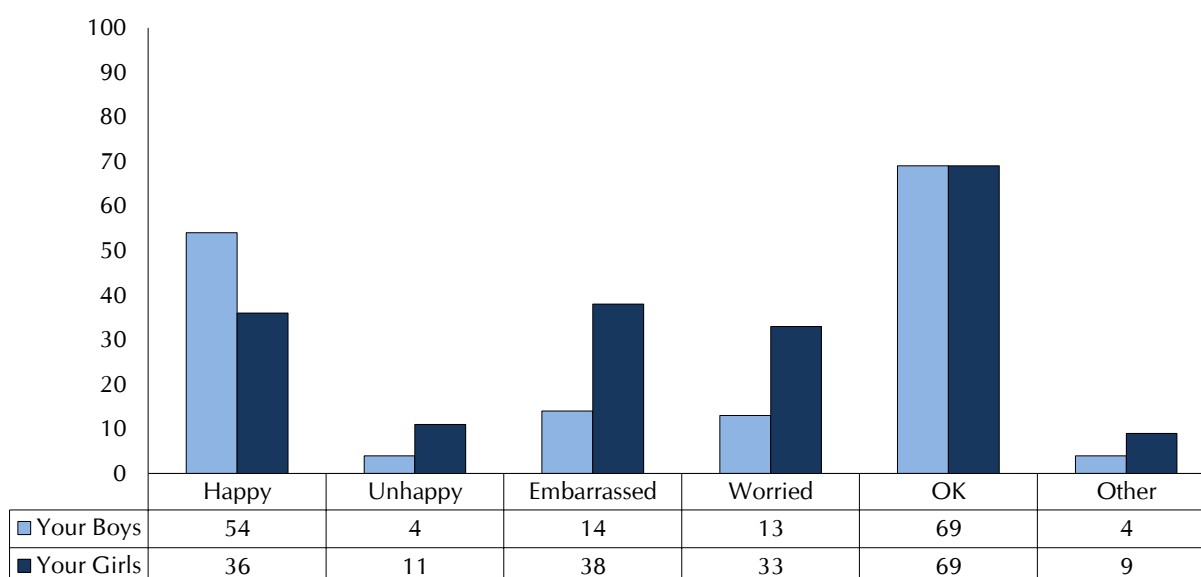
Boys		Girls			
1	Parents/carers	82	1	Parents/carers	89
2	Doctor	46	2	School nurse	39
3	School nurse	29	3	Doctor	39
4	Teachers, in school lessons	20	4	Teachers, in school lessons	22
5	Someone else	11	5	Someone else	17
6	Visitors or speakers in school lessons	9	6	Visitors or speakers in school lessons	7

74% of pupils responded that they feel they know enough about how their body changes as they get older, while 7% feel they don't know enough.

Q27. Percentage answering that they feel they know enough about how their body changes as they get older.

North Yorkshire	
Yr 6	
Boys	73
Girls	75

Q28. How do you feel about growing up and body changes?



45% of pupils responded that they feel 'happy' about growing up and body changes.

Q28. Percentage answering that they feel 'happy' about growing up and body changes.

North Yorkshire	
Yr 6	
Boys	54
Girls	36

7% of pupils responded that they feel 'unhappy' about growing up and body changes.

12% of girls responded that they have started their periods, while 8% said they 'don't know' if they have.

Of the 249 girls who have started their periods, they were on average 10 years old when they started them.

73% of pupils responded that they have found school lessons about growing up and body changes 'quite useful' or 'useful', while 9% have found them 'not useful' and 14% couldn't remember any.

Q28. Percentage answering that they feel 'unhappy' about growing up and body changes.

North Yorkshire

Yr 6

Boys 4

Girls 11

Q29. Percentage of girls answering that they have started their periods.

North Yorkshire

Yr 6

Girls 12

Q53. Percentage answering that they have found school lessons about growing up and body changes 'quite useful' or 'useful'.

North Yorkshire

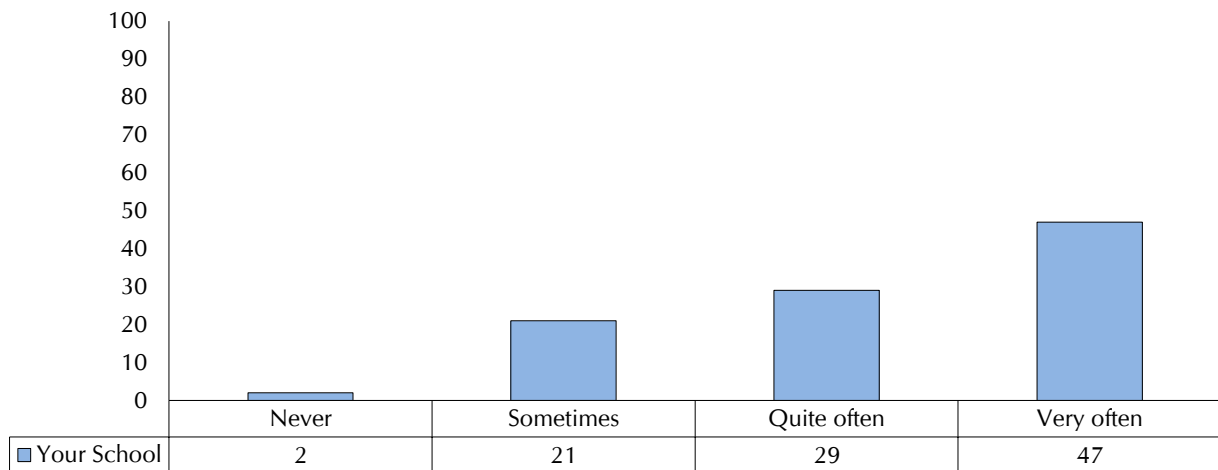
Yr 6

Boys 67

Girls 80

Worrying

Q31. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...



76% of pupils responded that they worry about at least one of the issues listed 'quite' or 'very' often.

Q31. Percentage answering that they worry about at least one of the issues listed 'quite' or 'very' often.

North Yorkshire

Yr 6

Boys 72

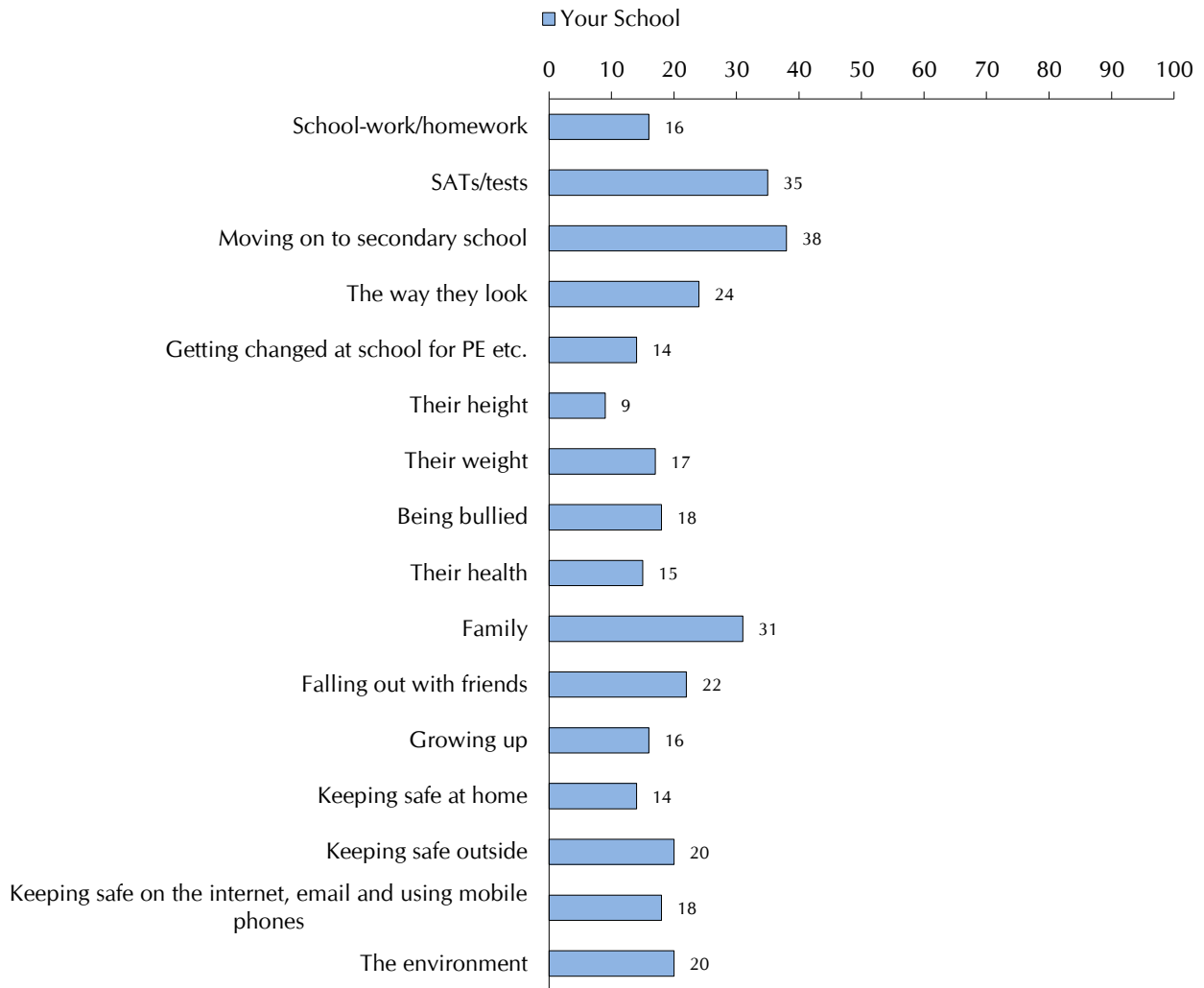
Girls 81

38% of pupils responded that they 'quite' or 'very' often worry about moving on to secondary school; 35% said they worry about SATs/tests.

Q31. Percentage of pupils responding that they worry about the following 'quite' or 'very' often (top 10):

Boys		Girls	
1	Moving on to secondary school	32	44
2	SATs/tests	30	39
3	Family	29	33
4	The environment	19	33
5	Keeping safe outside	17	27
6	School-work/homework	16	23
7	Falling out with friends	16	22
8	The way they look	16	22
9	Keeping safe on the internet, email and using mobile phones	15	21
10	Being bullied	15	21
			etc.

Q31. Percentage of pupils responding that they worry about the following 'quite' or 'very' often:



60% of pupils responded that they have found school lessons about emotional health and wellbeing (SEAL) 'quite useful' or 'useful', while 12% have found them 'not useful' and 23% couldn't remember any.

Q53. Percentage answering that they have found school lessons about emotional health and wellbeing 'quite useful' or 'useful'.

North Yorkshire	
Yr 6	
Boys	60
Girls	60

Accidents

27% of pupils responded that they have had an accident in the last 12 months which was treated by a doctor or at a hospital.

Q32. Percentage answering that they have had an accident in the last 12 months which was treated by a doctor or at a hospital.

North Yorkshire	
Yr 6	
Boys	30
Girls	25

12% of pupils responded that their most recent accident in the last 12 months occurred while playing sport.

Q33. Most recent accident: What were you doing?:

Boys		Girls			
1	Playing sport	16	1	Playing sport	9
2	Walking or running	10	2	Other	8
3	Other	7	3	Walking or running	8
4	Swimming or near water	2	4	Swimming or near water	2

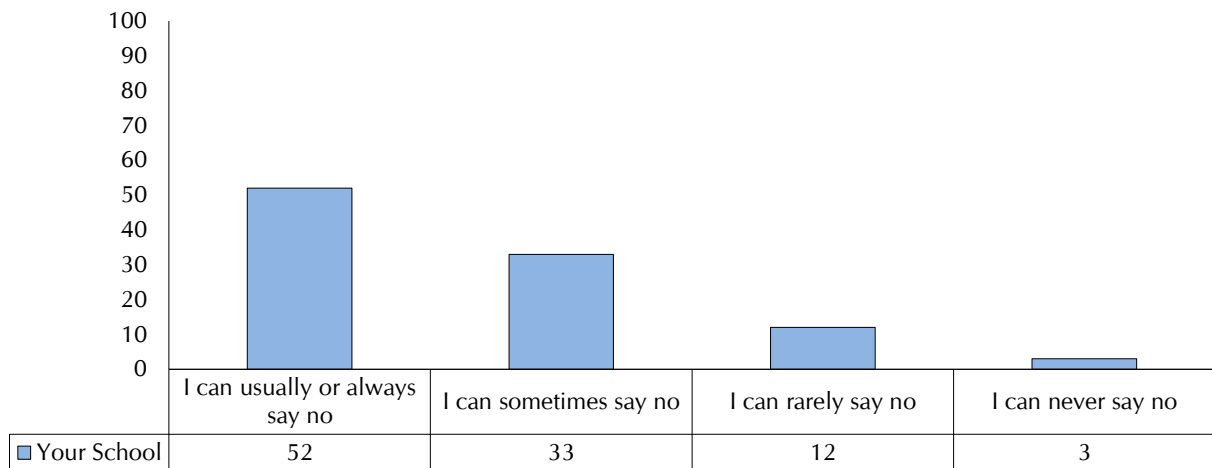
8% of pupils responded that their most recent accident in the last 12 months happened at school; 8% said it happened at home.

Q34. Most recent accident: Where were you?

Boys		Girls			
1	Other	12	1	Other	9
2	At school	8	2	At home	8
3	At home	8	3	At school	7
4	On a bike	3	4	On a bike	2
5	In a car	1	5	In a car	1

Peer pressure

Q35. When a friend wants me to do something I don't want to do...



52% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q35. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

North Yorkshire

Yr 6

Boys 54

Girls 51

15% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q35. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

North Yorkshire

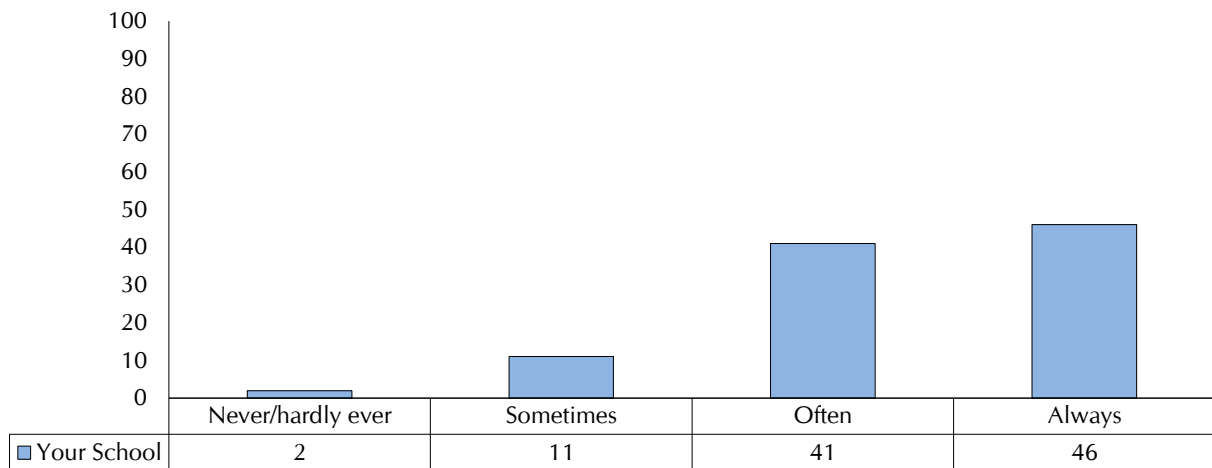
Yr 6

Boys 14

Girls 15

School playtimes

Q36a. During school playtimes (including dinner times), do you feel happy?



2% of pupils responded that they 'never/hardly ever' feel happy during school playtimes.

Q36a. Percentage answering that they 'never/hardly ever' feel happy during school playtimes.

North Yorkshire

Yr 6

Boys 2

Girls 1

46% of pupils responded that they 'always' feel happy during school playtimes.

Q36a. Percentage answering that they 'always' feel happy during school playtimes.

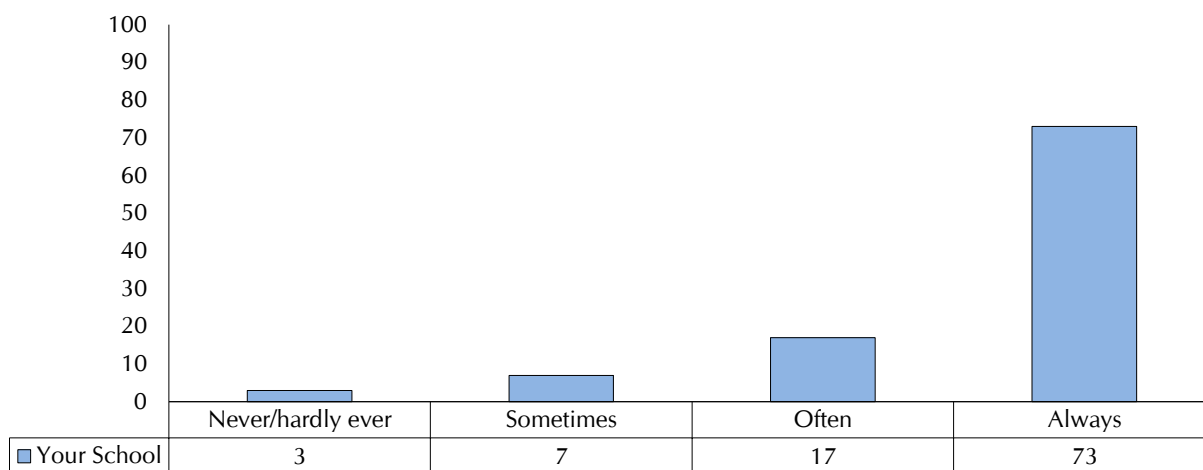
North Yorkshire

Yr 6

Boys 49

Girls 43

Q36b. During school playtimes (including dinner times), do you feel safe?



3% of pupils responded that they 'never/hardly ever' feel safe during school playtimes.

Q36b. Percentage answering that they 'never/hardly ever' feel safe during school playtimes.

North Yorkshire

Yr 6

Boys 4

Girls 2

73% of pupils responded that they 'always' feel safe during school playtimes.

Q36b. Percentage answering that they 'always' feel safe during school playtimes.

North Yorkshire

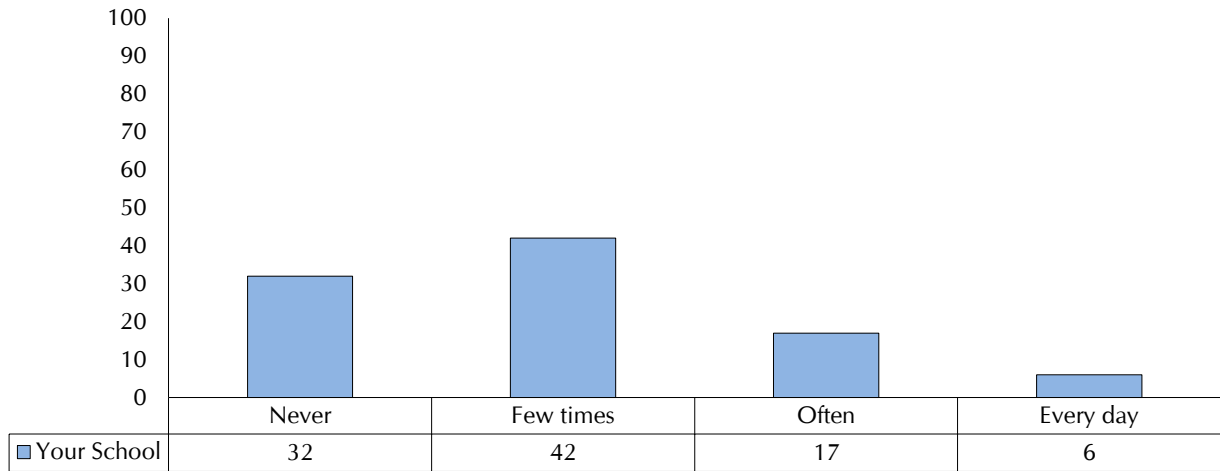
Yr 6

Boys 70

Girls 76

Bullying

Q37. Negative behaviour summary: Percentage of pupils responding that they have experienced at least one of the negative behaviours listed in the last month...:



64% of pupils responded that they have experienced at least one of the negative behaviours listed at least a 'few times' in the last month, while 6% experienced such behaviour 'every day'.

Q37. Percentage answering that they have experienced negative behaviour in the last month.

North Yorkshire

Yr 6

Boys 66

Girls 62

35% of pupils responded that they have been pushed/hit for no reason at least a 'few times' in the last month, while 17% said they have had belongings taken/broken.

Q37. Percentage of pupils responding that they have experienced the following at least a 'few times' in the last month (top 10):

Boys		Girls			
1	Called nasty names	45	1	Teased/made fun of	44
2	Teased/made fun of	44	2	Called nasty names	40
3	Pushed/hit for no reason	39	3	Pushed/hit for no reason	30
4	Called 'gay'	38	4	Had belongings taken/broken	17
5	Ganged up on	20	5	Ganged up on	17
6	Threatened for no reason	20	6	Called 'gay'	17
7	Had belongings taken/broken	18	7	Threatened for no reason	13
8	Received nasty or threatening text messages	7	8	Received nasty or threatening text messages	9
9	Threatened for money	4	9	Other	3
10	Received nasty or threatening emails	3	10	Threatened for money	2

36% of pupils responded that they have experienced negative behaviour outside at school during breaktimes in the last month, while 24% have experienced such behaviour in a classroom during breaktimes and 20% have experienced it at or near home.

Q38. Percentage of pupils responding that they have experienced negative behaviour at the following places in the last month (top 5):

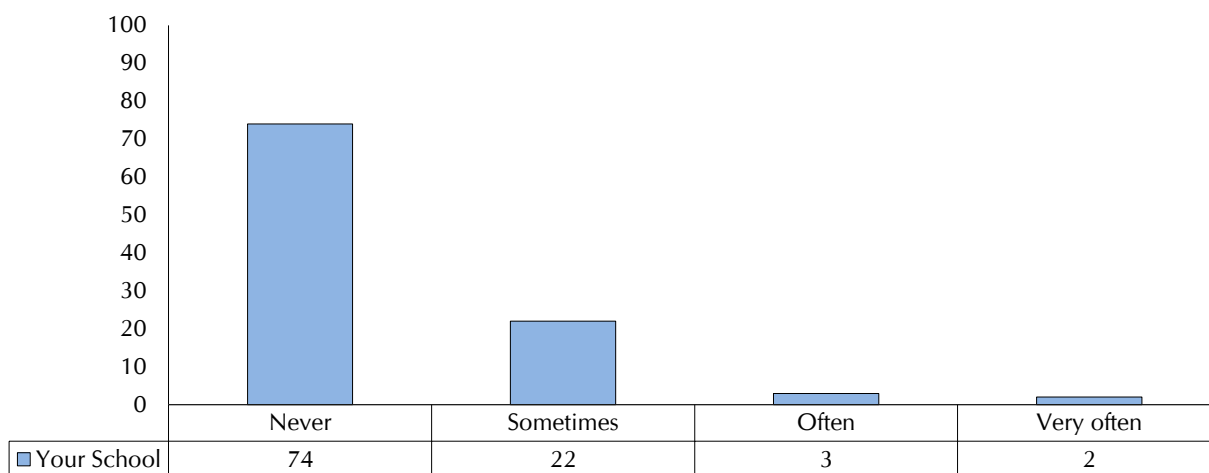
Boys		Girls			
1	Outside at school (breaktimes)	38	1	Outside at school (breaktimes)	35
2	In a classroom (breaktimes)	23	2	In a classroom (breaktimes)	25
3	At or near home	20	3	At or near home	20
4	During lesson time	12	4	During lesson time	16
5	In the corridors	10	5	In the corridors	10

21% of pupils responded that they have been bullied at or near school in the last 12 months, while 11% said they 'don't know' if they have been.

Q39. Percentage answering that they have been bullied at or near school in the last 12 months.

North Yorkshire	
Yr 6	
Boys	21
Girls	21

Q40. Do you ever feel afraid of going to school because you may be bullied?



22% of boys and 30% of girls responded that they at least 'sometimes' feel afraid to be in school because they may be bullied.

Q40. Percentage answering that they at least 'sometimes' feel afraid to be in school because they may be bullied.

North Yorkshire	
Yr 6	
Boys	22
Girls	30

4% of pupils responded that they 'often' or 'very often' feel afraid to be in school because they may be bullied.

Q40. Percentage answering that they 'often' or 'very often' feel afraid to be in school because they may be bullied.

North Yorkshire	
Yr 6	
Boys	4
Girls	5

16% of pupils responded that they think they are being 'picked on' or bullied because of the way they look, while 14% think they are because of their size or weight.

Q41. Percentage of pupils responding that they think they are being 'picked on' or bullied because of the following (top 5):

Boys		Girls			
1	The way they look	13	1	The way they look	19
2	Their size or weight	12	2	Their size or weight	17
3	Because of someone in their family	6	3	Other	7
4	Other	6	4	Because of someone in their family	7
5	Their race, colour or religion	3	5	The clothes they wear	5

4% of pupils responded that they have bullied someone else at school in the last 12 months, while 8% said they 'don't know' if they have.

Q42. Percentage answering that they have bullied someone else at school in the last 12 months.

North Yorkshire

Yr 6

Boys 6

Girls 2

2% of pupils responded that they think others may fear going to school because of them, while 10% said they 'don't know' if others have felt afraid.

Q43. Percentage answering they think others may fear going to school because of them.

North Yorkshire

Yr 6

Boys 2

Girls 1

77% of pupils responded that they think their school takes bullying seriously, while 10% think it doesn't take it seriously.

Q44. Percentage answering that they think their school takes bullying seriously.

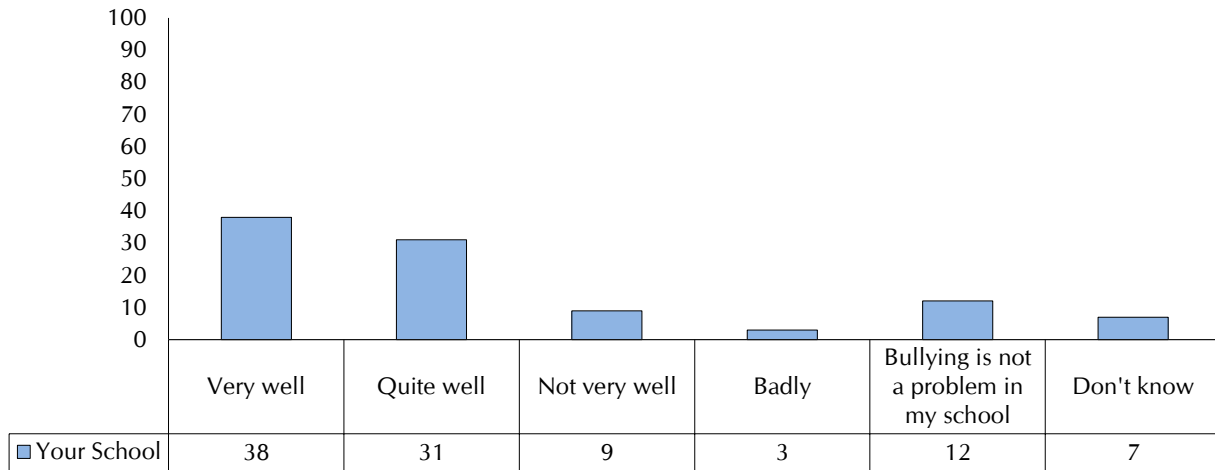
North Yorkshire

Yr 6

Boys 77

Girls 77

Q45. How well does your school deal with bullying?



69% of pupils responded that their school deals with bullying 'quite' or 'very' well.

3% of pupils responded that their school deals with bullying 'badly', while 12% said that bullying is not a problem in their school.

78% of pupils responded that they have found school lessons about bullying 'quite useful' or 'useful', while 10% have found them 'not useful' and 8% couldn't remember any.

Strangers

24% of pupils responded that they have been approached by an adult who scared or upset them, while 10% said they are 'not sure' if they have been.

15% of pupils responded that they have been approached and knew the person who scared or upset them.

Q45. Percentage answering that their school deals with bullying 'quite' or 'very' well.

North Yorkshire

Yr 6

Boys 68

Girls 70

Q45. Percentage answering that their school deals with bullying 'badly'.

North Yorkshire

Yr 6

Boys 4

Girls 3

Q53. Percentage answering that they have found school lessons about bullying 'quite useful' or 'useful'.

North Yorkshire

Yr 6

Boys 74

Girls 82

Q46. Percentage answering that they have been approached by an adult who scared or upset them.

North Yorkshire

Yr 6

Boys 23

Girls 25

Q47. Percentage answering that they have been approached and knew the person who scared or upset them.

North Yorkshire

Yr 6

Boys 13

Girls 17

Internet safety

12% of pupils responded that they communicate with people they have met online and don't know in real life.

Q48. Percentage of pupils responding that they communicate with the following people online:

	Year 6		Total
	Boys	Girls	
Friends and family I know in real life	88	92	90
People I have met online and I don't know in real life	17	7	12

15% of pupils responded that they communicate with people online by posting things that lots of people can see and 36% said they communicate with people using picture/video sharing sites/apps.

Q49. Percentage of pupils responding that they communicate with people online by the following means:

	Year 6		Total
	Boys	Girls	
Posting things that lots of people can see	15	15	15
Sending messages to one or a few people	40	57	49
Picture/video sharing sites/apps	29	42	36
Video chat	43	56	50
Through online games	56	14	35
Other	4	4	4

15% of pupils responded that they have seen pictures, videos or games they found upsetting online.

Q50. Percentage of pupils responding that they have experienced the following online:

	Year 6		Total
	Boys	Girls	
Someone writing or showing things to hurt or upset you (with text, pictures or video)	12	15	14
Someone published private information about you	5	5	5
Someone used your identity/password to upset or hurt you	5	5	5
You sent something, then wished you hadn't or had thought more about it	9	14	11
You saw pictures, videos or games you found upsetting	14	16	15
You placed a bet or played a game for money	7	3	5

71% of pupils responded that they have been taught or given advice about sharing their personal information online; 47% said they have been taught about CEOP's "Report Abuse" buttons.

Q51a. Percentage of pupils responding that they have been taught or given advice about the following:

	Year 6		Total
	Boys	Girls	
How to use social media well (such as Club Penguin or Facebook)	68	72	70
Spending too much time online or gaming	63	61	62
Sharing your personal information online	66	76	71
Identity theft (including using someone's account while they are still logged in)	40	44	42
Spam (emails or other messages from companies or people you don't know)	44	49	47
Phishing (trying to get your information by pretending to be someone you can trust)	38	42	40
Seeing or reading things that make you feel upset or uncomfortable	47	57	52
Being bullied online or cyberbullying	62	73	68
Communicating with people you have only met online	56	66	61
Being approached online by an adult who wants a sexual encounter or relationship	37	45	41
CEOP's "Report Abuse" buttons	44	52	47

69% of pupils responded that they 'always' follow the advice they have been given about the issues in Q51a, while 7% said they 'never' do and 24% do so only 'sometimes'.

Q51b. Percentage answering that they 'always' follow the advice they have been given about the issues in Q51a.

North Yorkshire	
Yr 6	
Boys	62
Girls	77

35% of pupils responded that they are 'never' supervised when using the internet at home.

Q52. Percentage of pupils responding to: Are you able to use the internet at home without adult supervision?

	Year 6		Total
	Boys	Girls	
I never use the internet at home	4	4	4
Never supervised	41	29	35
Never supervised, but device has a filter system (parental controls)	20	23	21
Sometimes supervised	23	28	25
Often supervised	7	10	8
Always supervised	6	7	7

Enjoying and Achieving

School lessons

46% of pupils responded that they have found school lessons about relationships 'quite useful' or 'useful'.

Q53. Percentage of pupils responding that they have found school lessons about the following 'quite useful' or 'useful' (top 10):

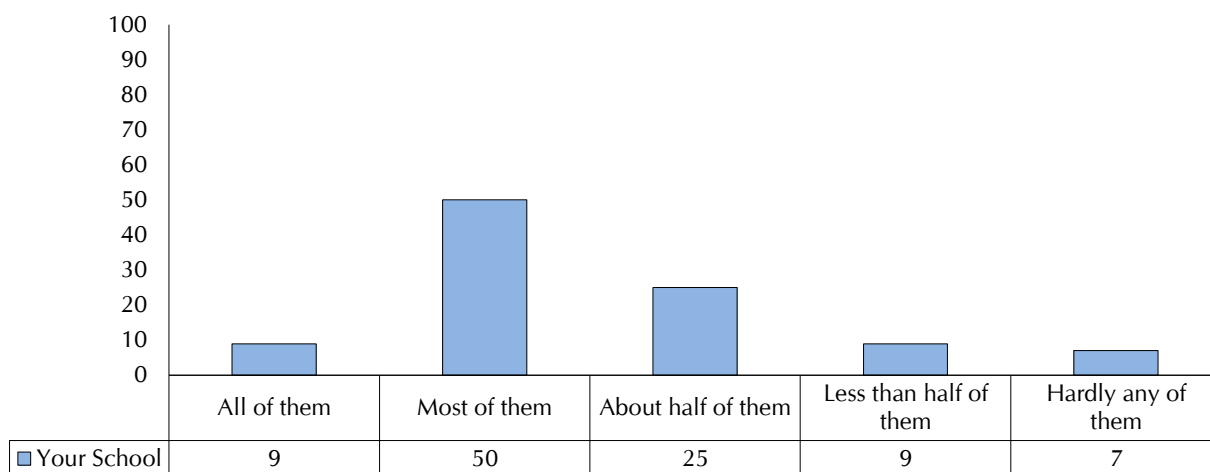
Boys		Girls			
1	Physical education (PE)	85	1	Keeping safe online	90
2	Healthy eating	83	2	Healthy eating	86
3	Keeping safe online	81	3	Physical education (PE)	85
4	Bullying	74	4	Bullying	82
5	Growing up and body changes	67	5	Growing up and body changes	80
6	Medicines and drugs	66	6	Medicines and drugs	70
7	Alcohol	64	7	Smoking	69
8	Managing money	63	8	Alcohol	69
9	Smoking	62	9	You and your community	61
10	Emotional health and wellbeing (SEAL)	60	10	Managing money	61

14% of pupils responded that they have found school lessons about relationships 'not useful'.

Q53. Percentage of pupils responding that they have found school lessons about the following 'not useful' (top 10):

Boys		Girls			
1	Relationships	15	1	You and your community	13
2	You and your community	13	2	The world of work	12
3	Emotional health and wellbeing (SEAL)	12	3	Relationships	12
4	Bullying	12	4	Managing money	11
5	Growing up and body changes	12	5	Emotional health and wellbeing (SEAL)	11
6	Smoking	12	6	Medicines and drugs	8
7	Alcohol	12	7	Physical education (PE)	8
8	Medicines and drugs	11	8	Bullying	8
9	Managing money	10	9	Smoking	8
10	The world of work	10	10	Alcohol	8

Q58. How many lessons do you enjoy at school?



59% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

Q58. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

North Yorkshire

Yr 6

Boys 56

Girls 63

7% of pupils responded that they enjoy 'hardly any' of their lessons at school.

Q58. Percentage answering that they enjoy 'hardly any' of their lessons at school.

North Yorkshire

Yr 6

Boys 9

Girls 5

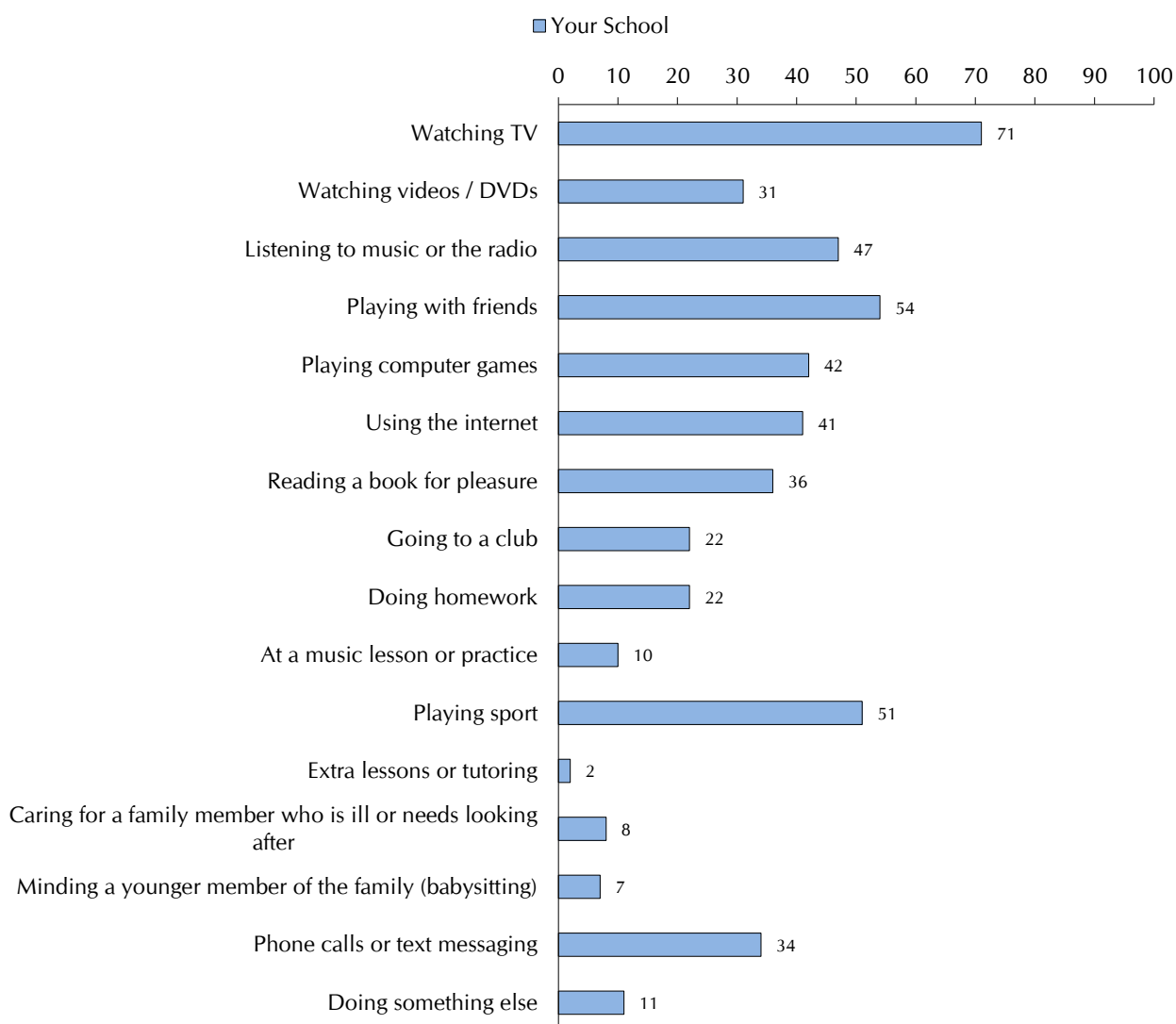
Leisure time

71% of pupils responded that they watched TV after school on the day before the survey, while 51% played sport and 41% used the internet.

Q54. Percentage of pupils responding that they did the following after school on the day before the survey (top 10):

Boys		Girls			
1	Watching TV	72	1	Watching TV	70
2	Playing computer games	60	2	Playing with friends	50
3	Playing sport	60	3	Listening to music or the radio	49
4	Playing with friends	59	4	Using the internet	42
5	Listening to music or the radio	45	5	Reading a book for pleasure	41
6	Using the internet	41	6	Playing sport	41
7	Watching videos/DVDs	37	7	Phone calls or text messaging	38
8	Reading a book for pleasure	32	8	Watching videos/DVDs	25
9	Phone calls or text messaging	29	9	Playing computer games	23
10	Going to a club	22	10	Doing homework	22

Q54. Percentage of pupils responding that they did the following after school on the day before the survey:



Attendance

93% of pupils responded that they think it is important to go to school regularly, while 3% think it isn't important.

Q55. Percentage answering that they think it is important to go to school regularly.

North Yorkshire

Yr 6

Boys 92

Girls 94

32% of pupils responded that they have been away from school due to illness or injury in the last month.

Q56. Percentage of pupils responding that they have been away from school due to the following reasons in the last month (top 4):

Boys		Girls			
1	Ill or injured	31	1	Appointments (doctor/dentist)	32
2	Appointments (doctor/dentist)	25	2	Ill or injured	32
3	Day trip/holiday in term time	11	3	Day trip/holiday in term time	11
4	Other	4	4	Other	5

96% of pupils responded that their parents/carers 'always' know if they are away from school.

Q57. Percentage answering that their parents/carers 'always' know if they are away from school.

North Yorkshire

Yr 6

Boys 95

Girls 98

1% of pupils responded that their parents/carers 'never' know if they are away from school, while 2% said they know only 'sometimes'.

Q57. Percentage answering that their parents/carers 'never' know if they are away from school.

North Yorkshire

Yr 6

Boys 2

Girls 1

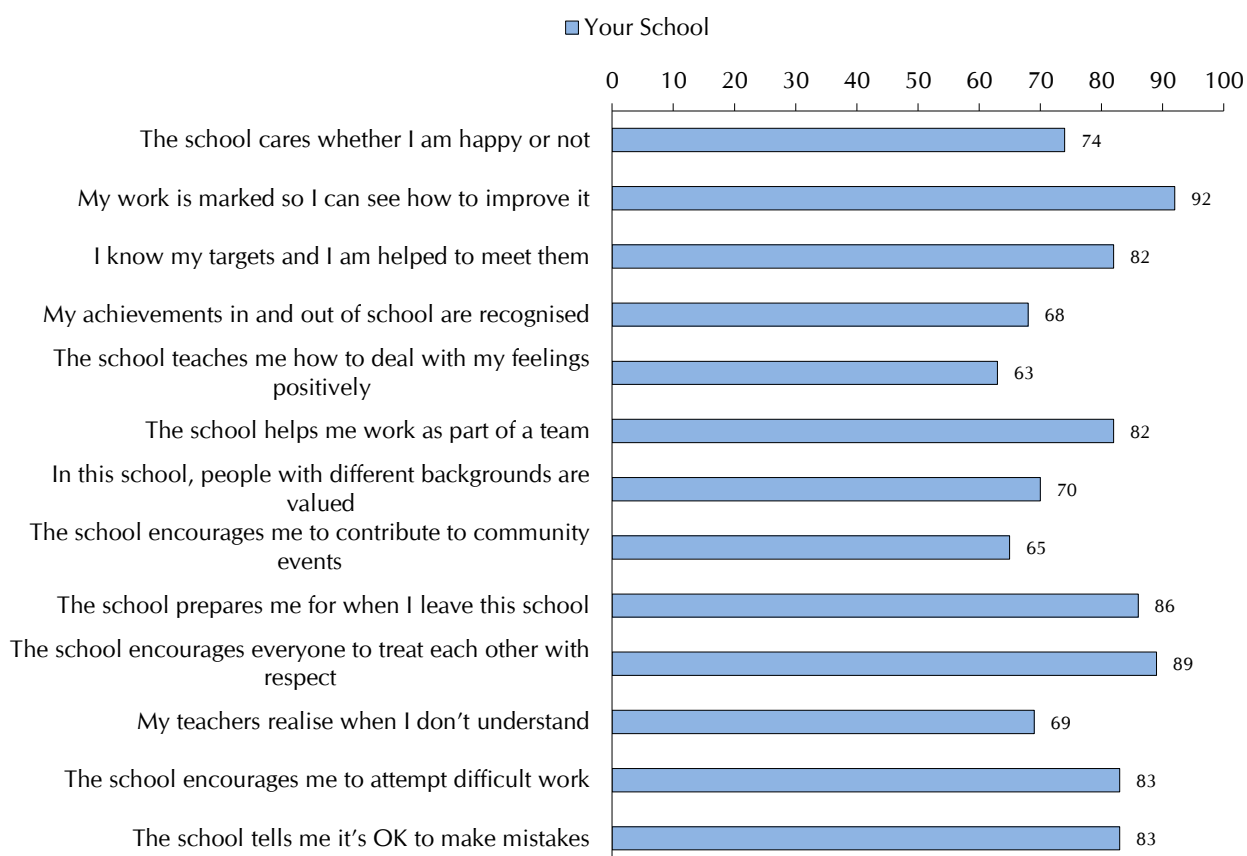
Every Child Matters

92% of pupils responded that their work is marked so they can see how to improve it and 69% said that their teachers realise when they don't understand.

Q59. Percentage of pupils responding 'yes' to the following statements:

	Year 6		Total
	Boys	Girls	
The school cares whether I am happy or not	73	75	74
My work is marked so I can see how to improve it	91	92	92
I know my targets and I am helped to meet them	83	82	82
My achievements in and out of school are recognised	68	68	68
The school teaches me how to deal with my feelings positively	63	64	63
The school helps me work as part of a team	81	84	82
In this school, people with different backgrounds are valued	69	72	70
The school encourages me to contribute to community events	65	64	65
The school prepares me for when I leave this school	85	88	86
The school encourages everyone to treat each other with respect	88	90	89
My teachers realise when I don't understand	70	69	69
The school encourages me to attempt difficult work	82	84	83
The school tells me it's OK to make mistakes	82	84	83

Q59. Percentage of pupils responding 'yes' to the following statements:



Views and opinions

71% of pupils responded that they are asked for their ideas and opinions about what happens in their school, while 13% feel they are not asked for.

Q60a. Percentage answering that they are asked for their views and opinions about what happens in their school.

North Yorkshire

Yr 6

Boys 66

Girls 75

31% of pupils responded that they feel their views and opinions are asked for during circle time in school, while 57% feel they are asked for through a school or class council.

Q60b. Top 5 ways pupils feel their views and opinions are asked for in school:

Boys		Girls	
1	School/class council	52	
2	Talking to teachers	47	
3	Talking to other adults in school	38	
4	Circle time	30	
5	Suggestion box	29	
1	School/class council		62
2	Talking to teachers		54
3	Talking to other adults in school		43
4	Suggestion box		34
5	Circle time		32

51% of pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school.

Q60c. Percentage of pupils responding that they think the opinions of young people make a difference to decisions...:

	Year 6		Total
	Boys	Girls	
About what they learn in school	50	53	51
About how they learn in school	49	56	52
About the school environment	57	64	60
In their community	41	43	42

58% of pupils responded that they would like to be asked more often for their ideas and opinions about what they learn in school.

Q60d. Percentage of pupils responding that they would like to be asked more often for their ideas and opinions...:

	Year 6		Total
	Boys	Girls	
About what they learn in school	55	61	58
About how they learn in school	49	56	52
About the school environment	45	51	48
In their community	40	44	42

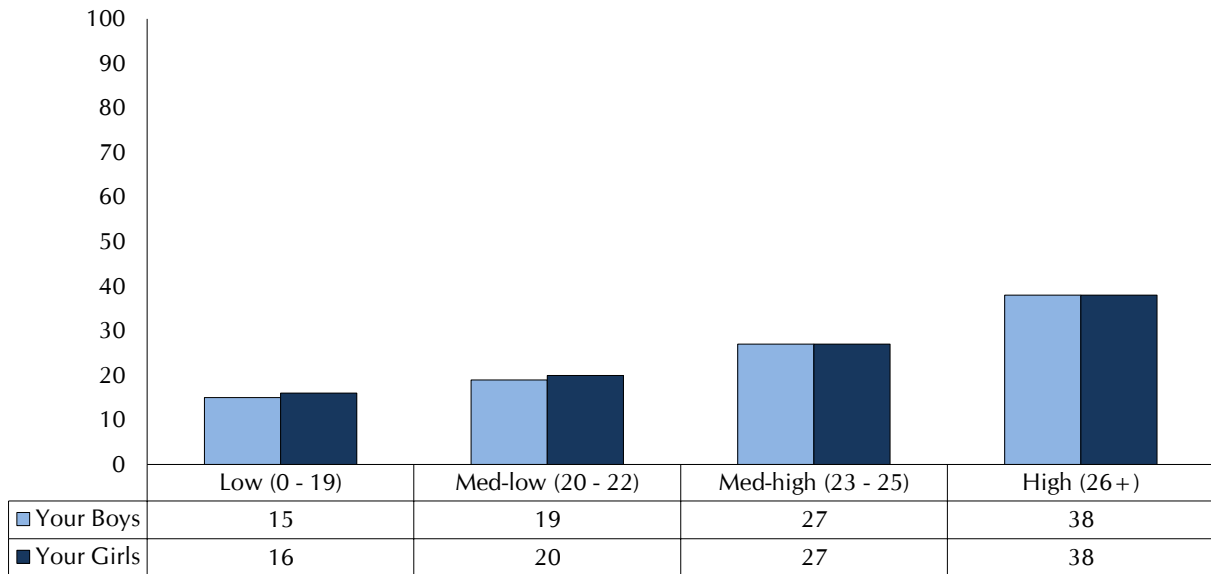
61% of pupils responded that they have found school lessons about 'you and your community' 'quite useful' or 'useful', while 13% have found them 'not useful' and 22% couldn't remember any.

Q53. Percentage answering that they have found school lessons about 'you and your community' 'quite useful' or 'useful'.

	North Yorkshire
	Yr 6
Boys	60
Girls	61

Resilience

Q61/62. Composite resilience score:



We have used these two questions (61 & 62) to form an overall measure of "resilience". All the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

15% of pupils had a low measure of resilience (0 – 19).

Q61/62. Percentage with a low measure of resilience (0 – 19).

	North Yorkshire
	Yr 6
Boys	15
Girls	16

38% of pupils had a high measure of resilience (26+).

Q61/62. Percentage with a high measure of resilience (26+).

	North Yorkshire
	Yr 6
Boys	38
Girls	38

59% of pupils responded that when something goes wrong they 'usually' or 'always' learn from the experience for next time.

Q61. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong:

	Year 6		Total
	Boys	Girls	
I get upset and feel bad for ages	9	13	11
I might feel a bit bad but soon forget it	34	37	35
I'm calm and can carry on	49	44	46
I learn from it for next time	58	60	59
I might feel something else	6	6	6

69% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 45% said they ask for help.

Q62. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:

	Year 6		Total
	Boys	Girls	
I blame someone else	3	2	2
I keep on trying until I do	69	70	69
I might have another go	66	68	67
I give up	5	5	5
I try a different way of doing it	49	49	49
I ask for help	41	50	45
I go and do something else	9	8	8
I just accept that I can't do it	13	14	14

The Stirling Children's Well-Being Scale

This scale has been devised by researchers interested in young people's wellbeing. This scale comprises 15 questions, which are combined to make three separate sub-scales:

- Emotional Outlook e.g. I think good things will happen in my life
- Emotional State e.g. I've been in a good mood
- Social Desirability e.g. I have always told the truth

It is suggested that pupils who answer 'all of the time' for all three Social Desirability items might be unreliable with their answers – trying too hard to please. They are given a score of 15 for this sub-scale.

Q63. Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks:

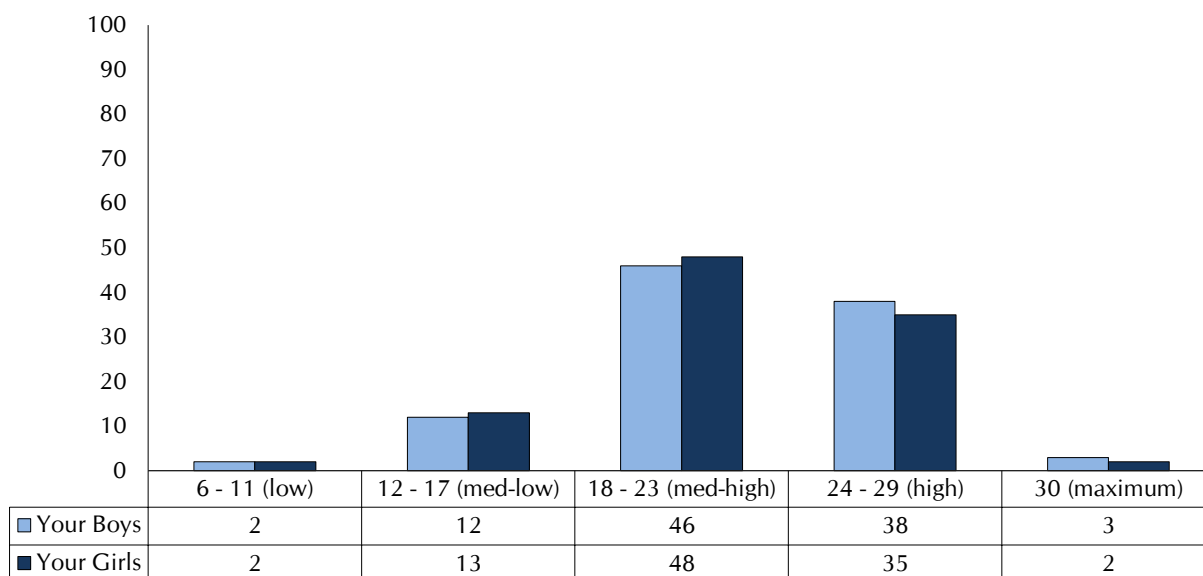
	Year 6		Total
	Boys	Girls	
I think good things will happen in my life	53	48	50
I have always told the truth	43	48	46
I've been able to make choices easily	44	36	40
I can find lots of fun things to do	62	59	60
I feel that I am good at some things	63	54	58
I think lots of people care about me	56	61	59
I like everyone I have met	36	38	37
I think there are many things I can be proud of	61	57	59
I've been feeling calm	54	50	52
I've been in a good mood	57	57	57
I enjoy what each new day brings	44	44	44
I've been getting on well with people	60	61	61
I always share my sweets	40	46	43
I've been cheerful about things	55	57	56
I've been feeling relaxed	56	52	54

Q63. Percentage of pupils responding that they have 'never' been feeling or thinking the following over the past couple of weeks:

	Year 6		Total
	Boys	Girls	
I think good things will happen in my life	3	2	2
I have always told the truth	2	2	2
I've been able to make choices easily	3	4	4
I can find lots of fun things to do	2	2	2
I feel that I am good at some things	2	2	2
I think lots of people care about me	3	2	3
I like everyone I have met	6	6	6
I think there are many things I can be proud of	3	2	2
I've been feeling calm	3	3	3
I've been in a good mood	2	1	2
I enjoy what each new day brings	4	3	3
I've been getting on well with people	2	1	1
I always share my sweets	10	6	8
I've been cheerful about things	2	2	2
I've been feeling relaxed	4	3	3

Positive Outlook

Q63. Stirling Children’s Wellbeing Scale: Positive Outlook Sub-Scale:



2% of pupils had a low score (6 – 11) on the Stirling Positive Outlook Sub-Scale; 12% had a med-low score (12 – 17).

Q63. Percentage with a low score (6 – 11) on the Stirling Positive Outlook Sub-Scale.

North Yorkshire

Yr 6

Boys 2

Girls 2

39% of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

Q63. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

North Yorkshire

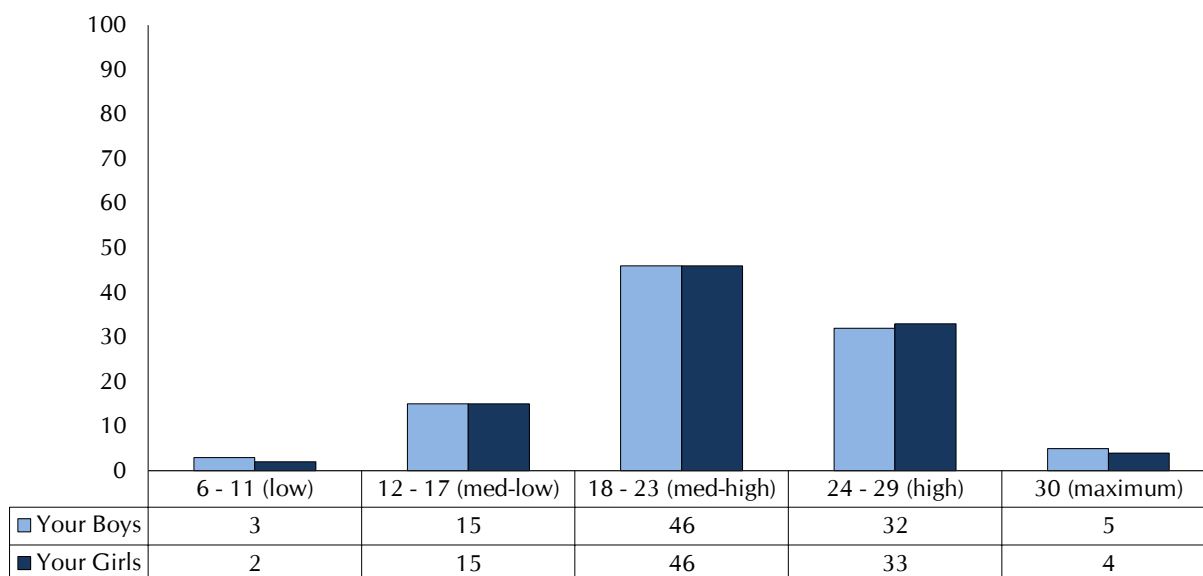
Yr 6

Boys 41

Girls 37

Emotional State

Q63. Stirling Children’s Wellbeing Scale: Positive Emotional State Sub-Scale:



2% of pupils had a low score (6 – 11) on the Stirling Positive Emotional State Sub-Scale; 15% had a med-low score (12 – 17).

Q63. Percentage with a low score (6 – 11) on the Stirling Positive Emotional State Sub-Scale.

North Yorkshire

Yr 6

Boys 3

Girls 2

37% of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.

Q63. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.

North Yorkshire

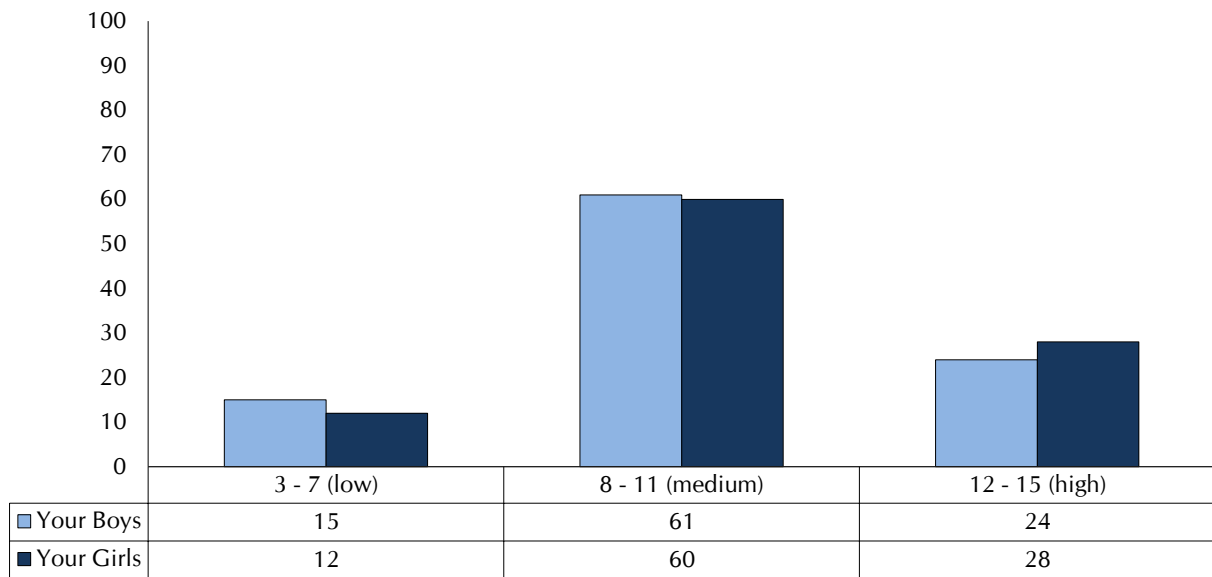
Yr 6

Boys 36

Girls 37

Social Desirability

Q63. Stirling Children’s Wellbeing Scale: Social Desirability Sub-Scale:



13% of pupils had a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

Q63. Percentage with a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

North Yorkshire

Yr 6

Boys 15

Girls 12

26% of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

Q63. Percentage with a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

North Yorkshire

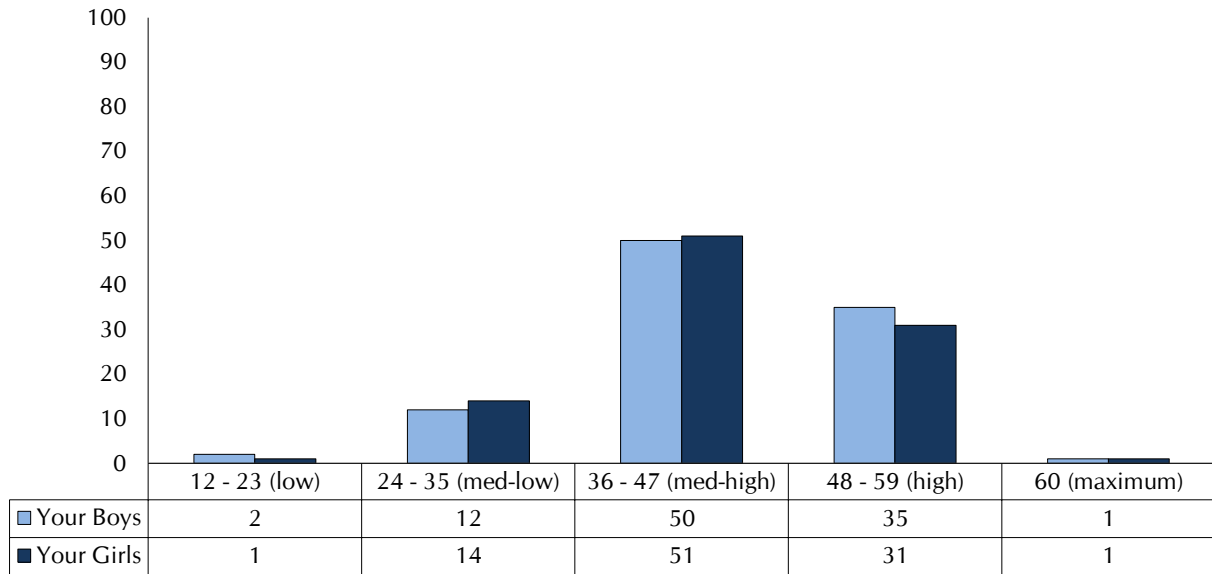
Yr 6

Boys 24

Girls 28

2% of pupils scored exactly 15/15 on the Social Desirability Scale.

Q63. Stirling Children’s Wellbeing Scale: Combined Score:



2% of pupils had a low score (12 – 23) on the Stirling Children’s Wellbeing Scale; 13% had a med-low score (24 – 35).

6% of pupils had a score of 12 – 30; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.

34% of pupils had a high or maximum score (48 – 60) on the Stirling Children’s Wellbeing Scale.

Q63. Percentage with a low score (12 – 23) on the Stirling Children’s Wellbeing Scale.

North Yorkshire

Yr 6

Boys 2
Girls 1

Q63. Percentage with a high or maximum score (48 – 60) on the Stirling Children’s Wellbeing Scale.

North Yorkshire

Yr 6

Boys 36
Girls 33

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**This is not the end of your
Health Related Behaviour Survey!**

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***