

Growing Up in Harrogate

A summary of the Growing Up in North Yorkshire Survey 2014

These results are the compilation of data collected from children and young people in the vast majority of schools in North Yorkshire during Summer 2014. This survey was commissioned by the North Yorkshire Children's Trust to collect reliable information about young people's learning and well-being. This is the fifth such survey completed in North Yorkshire, following studies in 2006, 2008, 2010 and 2012.

Collecting the figures

Teachers were briefed on how to collect the most reliable data and then pupils anonymously completed the questionnaire. The sample sizes are shown in the table below. Completed questionnaires were then returned to SHEU in Exeter for processing. Some of the schools conducted the survey online. Where figures are also given in a chart, they are shown in bold.

Comparisons

Comparisons have been made between the figures from this district and from North Yorkshire as a whole. The North Yorkshire findings are given in brackets following the district figures, and a table summarising the most important significant findings is shown on page 12.

Trends

This study follows similar studies in 2012, 2010, 2008 and 2006. Where changes can be seen in the figures from the district in 2012, these are noted on page 11.

This report should be read alongside the summary report for the whole North Yorkshire data set, which includes a number of important additional pieces of analysis, including **Equalities Monitoring**.

This report is based on the responses of over 16,000 pupils attending mainstream schools and PRUs in North Yorkshire:

	Harrogate				North Yorkshire			
	Year 2	Year 6	Year 8	Year 10	Year 2	Year 6	Year 8	Year 10
Males	651	592	395	424	2302	2274	1790	1813
Females	636	559	412	422	2243	2219	1791	1707
Total	1291*	1153*	807	847*	4557*	4508*	3594*	3529*

*7 (49) pupils didn't give us their gender.

This report is No. 3 of 7

1. Craven
2. Hambleton
3. Harrogate
4. Richmondshire
5. Ryedale
6. Scarborough
7. Selby

SHEU

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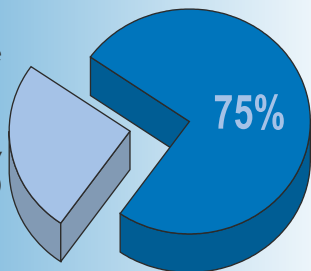
The Unit specialises in questionnaire surveys of children and young people for Local Authorities, PCTs, voluntary agencies, charities, schools and colleges and other partnerships. SHEU is also able to undertake consultation, monitoring and evaluation exercises, and bespoke research.



Primary school pupils in Year 2 (aged 6 - 7 years)

HEALTHY EATING

- Nearly all pupils report having cereal or toast/bread for breakfast on the day of the survey. 1% (2%) had just a drink, 1% (1%) had a snack or chocolate; 1% (1%) had nothing at all.
- 26% (23%) of pupils responded that they go to a breakfast club at least 'sometimes'.
- The foods or drinks most commonly consumed on 'most days' were: fresh fruit 62% (61%); water 61% (59%); milk 53% (51%); vegetables 50% (48%).
- The foods or drinks most commonly consumed 'never' were: brown bread 43% (45%); weetabix, porridge, muesli 30% (31%); fizzy drinks 23% (20%).
- 75% (76%) 'always' wash their hands after going to the toilet.**
- 84% (80%) cleaned their teeth at least twice on the day before the survey. 63% (62%) have been to a dentist in the last year.

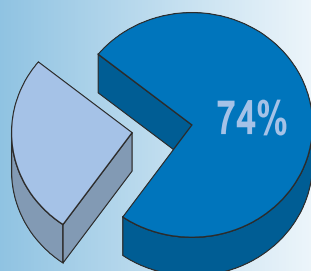


LEISURE

- We asked about leisure time activities. The percentages of boys and girls who said they did any of the items at least 'sometimes' after school or at weekends were:

	Boys	Girls
Bike riding	81% (83%)	84% (86%)
Swimming	83% (82%)	89% (87%)
Going for a walk	78% (79%)	89% (89%)
Running (races or tag)	82% (83%)	83% (82%)
Roller skating, scooter, skateboarding	72% (71%)	81% (78%)
Football	82% (84%)	45% (44%)
After school club	54% (52%)	58% (57%)
Dancing/gymnastics	22% (23%)	73% (69%)

- After school on the day before the survey, the most common activities were: playing at home 63% (64%); watching TV 62% (63%); playing with friends 40% (44%).
- 65% (68%) of pupils responded that they have a set bedtime for nights when it's school the next day. 28% (26%) of pupils responded that someone usually reads them a bedtime story.
- 42% (52%) of pupils responded that they have a TV in their bedroom. 17% (22%) of pupils responded that they are allowed to watch TV after they have gone to bed.
- 85% (84%) use a computer at home. 52% (48%) use it to help with schoolwork. 78% (77%) said they use it to play on games.
- 74% (72%) say they know how to keep themselves safe on the Internet.**
- 94% (95%) have a bike, 90% (90%) have a scooter and 85% (80%) have a bike helmet; 45% (43%) 'always' wear a bike helmet when they use their bike or scooter.

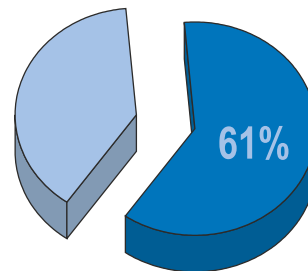


SAFETY

- When asked about sun safety, the percentage of pupils responding that they do the following 'sometimes' or 'always' were:

	Boys	Girls
Wear a hat	86% (85%)	86% (87%)
Wear long sleeves	51% (52%)	49% (50%)
Put on sun cream	88% (87%)	93% (95%)
Stay in the shade	70% (71%)	82% (82%)

- Overall, 67% (70%) of pupils responded that they use at least one of the prevention methods listed 'always' to avoid getting sunburnt.
- 74% (72%) 'always' feel safe at school. **61% (58%) like being at school most of the time.**
- 12% (12%) feel scared to be at school because of other children, while 6% (7%) feel scared to travel to school because of other children.



EMOTIONAL HEALTH AND WELLBEING

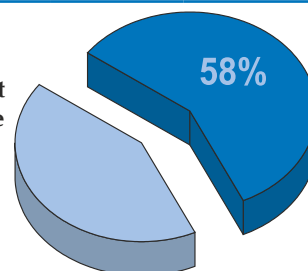
- We asked a series of questions about social confidence related to self-esteem (percentage of pupils responding 'yes'):

Do you have lots of friends to play with?	76% (76%)
Do your parents like to listen to you?	50% (50%)
When a teacher asks you something do you feel shy?	10% (12%)
Do you worry?	20% (20%)
Do you fall out with your friends?	17% (18%)
Do you feel happy?	71% (69%)
Do you feel safe?	70% (70%)

- A composite self-esteem score was derived. 34% (33%) scored in the highest bracket of scores and 16% (17%) in the low and medium-low brackets.
- We asked a question about worries. The percentages of pupils who say they worry 'most days' about different issues were:

	Boys	Girls
School-work	17% (18%)	16% (17%)
Being ill	19% (21%)	23% (25%)
Friendships	22% (23%)	25% (25%)
Family	33% (37%)	36% (36%)
The way you look	15% (18%)	20% (22%)

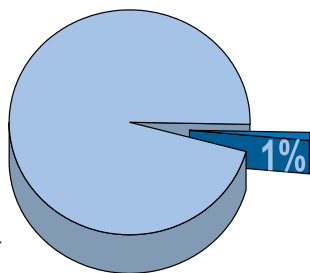
- 58% (62%) of pupils said that they worry about at least one issue listed on 'most days'.



Primary school pupils in Year 6 (aged 10 - 11 years)

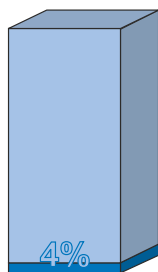
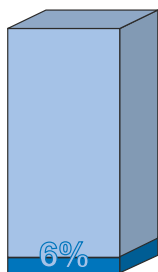
HEALTHY EATING

- 1% (2%) had nothing to eat or drink for breakfast on the day of the survey.
- 4% (5%) had only a drink for breakfast on the day of the survey.
- 52% (48%) of pupils had cereal and 32% (31%) toast or bread on the morning of the survey. 1% (1%) said they had a chocolate bar or sweets.

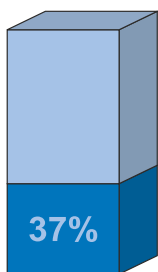
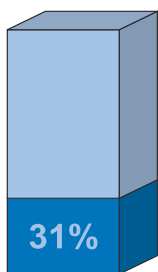


Five-a-day

- 6% (8%) of boys and 4% (5%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.



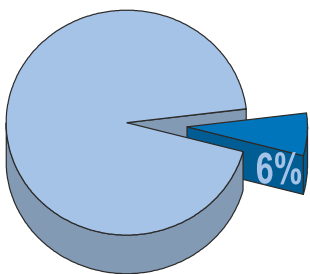
- 31% (28%) of boys and 37% (31%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.



- 84% (85%) of pupils responded that they have found school lessons about healthy eating at least 'quite useful', while 8% (7%) found them 'not useful' and 5% (5%) couldn't remember any.

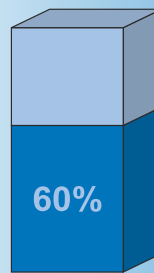
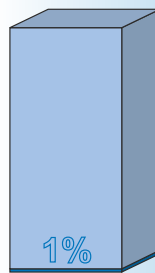
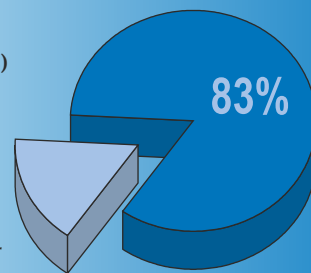
Drinks

- 6% (6%) reported that they drank no water on the day before the survey, while 28% (25%) said they drank at least a litre of water.
- 97% (97%) of pupils responded that they can get water at school.
- 77% (73%) of pupils responded that they drink water 'every day or most days'; 6% (9%) said the same of fizzy drinks (not low-calorie).
- 20% (19%) of pupils responded that they 'rarely or never' drink milk; 64% (60%) said the same of energy drinks.

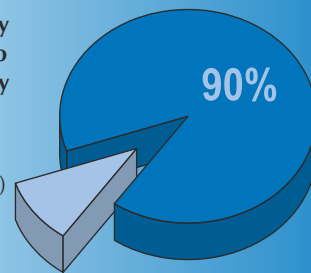


PHYSICAL ACTIVITY

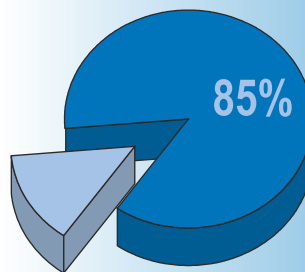
- 83% (83%) of pupils [87% (86%) of boys and 80% (79%) of girls] reported that they enjoyed physical activities 'quite a lot' or 'a lot'.
- 41% (40%) said that they exercised enough to breathe harder and faster five times or more in the last week. 5% (4%) said they didn't at all while 5% (6%) said only once.
- 1% (2%) of pupils said that they don't do a single hour of physical activity in a typical week.
- 60% (58%) said they do 5 or more hours of physical activity in a typical week.



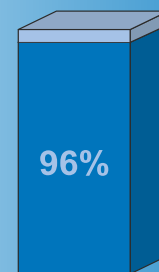
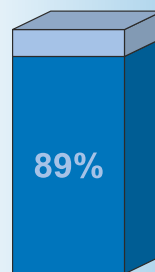
- 90% (91%) of pupils said they find it 'quite' or 'very' easy to be as physically active as they would like at playtimes.
- 51% (51%) of pupils [60% (60%) of boys and 41% (41%) of girls] said that they played sports after school on the day before the survey.



- 85% (85%) of pupils responded that they have found school lessons about physical education at least 'quite useful', while 8% (7%) found them 'not useful' and 3% (4%) couldn't remember any.



- 92% (93%) of all pupils [89% (89%) of boys and 96% (96%) of girls] responded that they chat/talk during playtimes (including dinner times) at least 'sometimes'.

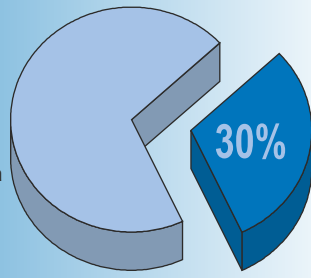


- 84% (83%) said they play running/skipping games/tag and 74% (72%) said they play ball games. 17% (21%) said they read quietly at playtimes.

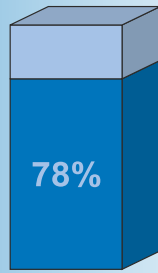
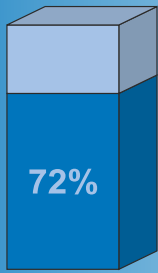
PRIMARY

EMOTIONAL HEALTH AND WELLBEING

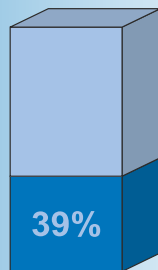
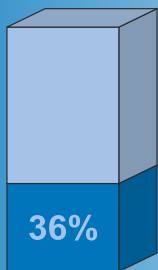
- 30% (31%) of pupils said they worried about family 'quite often' or 'very often' and 21% (22%) said they worried about falling out with friends.



- 75% (76%) of pupils [72% (72%) of boys and 78% (81%) of girls] said they worried about at least one of the problems listed in the questionnaire 'quite often' or 'very often'.

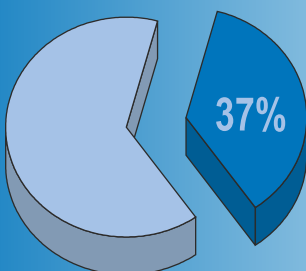
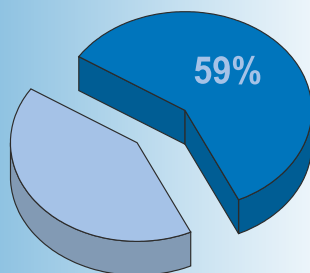


- 63% (60%) of pupils responded that they have found school lessons about emotional health and wellbeing (SEAL) 'quite useful' or 'useful', while 12% (12%) have found them 'not useful' and 20% (23%) couldn't remember any.
- 36% (36%) of boys and 39% (33%) of girls scored a high or maximum score (48 - 60) on the Stirling Children's Wellbeing Scale. 2% (2%) of pupils had a low score (12 - 23).



Resilience

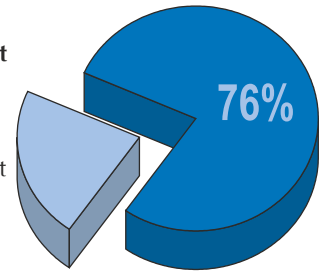
- 59% (59%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from the experience for next time.
- 71% (69%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 45% (45%) said they ask for help.



- We calculated an overall measure of resilience from a group of related items. 14% (15%) of pupils had a low measure of resilience (0 - 19). 37% (38%) of pupils had a high measure of resilience (26+).

Puberty and Growing up

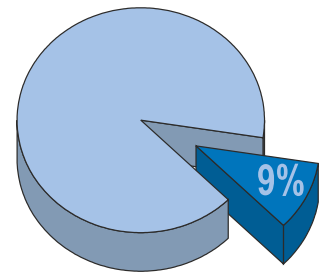
- 85% (85%) of pupils said they would like to talk with their parents about how their body changes as they grow up, while 19% (21%) would like to talk with teachers, in school lessons.
- 76% (74%) of pupils said that they feel they know enough about how their body changes as they get older, while 6% (7%) feel they don't know enough.
- 17% (16%) of boys and 29% (33%) of girls reported that they worry about the way they look.



DRUGS, ALCOHOL AND TOBACCO

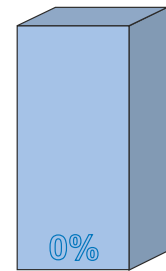
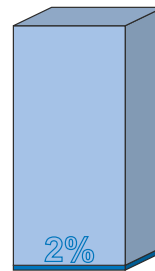
Drugs

- 9% (10%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who uses drugs.
- 5% (6%) of pupils responded that they are 'fairly sure' or 'certain' they know somewhere near where they live where people can buy drugs.
- 74% (68%) of pupils responded that they have found school lessons about medicines and drugs at least 'quite useful', while 8% (9%) have found them 'not useful' and 14% (18%) couldn't remember any.



Alcohol

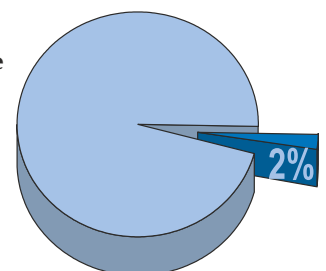
- 2% (2%) of boys and 0% (1%) of girls said they had at least one alcoholic drink (more than just a sip) in the week before the survey.



- 86% (83%) of pupils reported that they do not drink alcohol and 12% (15%) drink only with their parents knowledge.

Tobacco

- 2% (3%) say they have tried smoking in the past or smoke now.
- <1% (<1%) said they smoked at least one cigarette in the week before they survey.



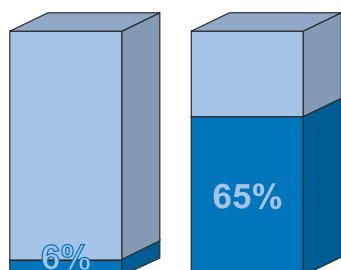
HEALTH AND HYGIENE

- 60% (66%) of pupils responded that they washed their hands before lunch on the day before the survey. 9% (10%) said they are 'not sure' if they did.

Dental health

- 94% (92%) of pupils responded that they have been to the dentist in the last year, while 5% (7%) said they last went more than a year ago and 1% (1%) have never been.

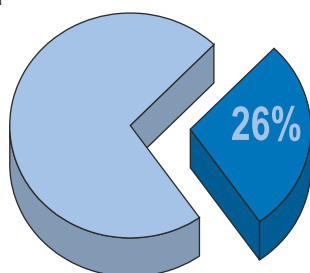
Sun safety



- 6% (8%) of pupils responded that they 'never' do anything to avoid sunburn.
- 65% (61%) of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

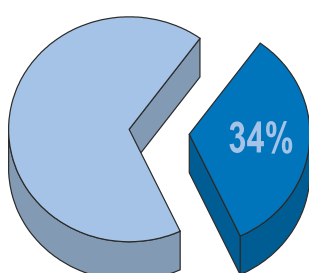
SAFETY

- 26% (27%) of pupils reported that they had an accident in the twelve months before the survey that was treated by a doctor or at a hospital.
- 26% (24%) of pupils reported that they have been approached by an adult who scared/upset them. 15% (15%) said they knew this adult (i.e. not a 'stranger').



Internet safety

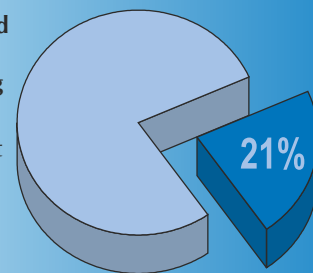
- 11% (12%) of pupils responded that they communicate with people they have met online and don't know in real life.
- 12% (15%) of pupils responded that they communicate with people online by posting things that lots of people can see and 38% (36%) said they communicate with people using picture/video sharing sites/apps.
- 14% (15%) of pupils responded that they have seen pictures, videos or games they found upsetting online.
- 77% (71%) of pupils responded that they have been taught or given advice about sharing their personal information online; 46% (47%) said they have been taught about Child Exploitation and Online Protection Centre's "Report Abuse" buttons.
- 73% (69%) of pupils responded that they 'always' follow the advice they have been given.



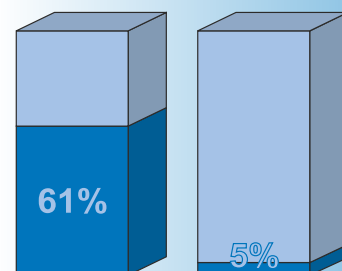
- 34% (35%) of pupils responded that they are 'never' supervised when using the Internet at home, 24% (21%) of pupils said they are never supervised but they have a filter system (parental controls) set up on the device they use.

Bullying

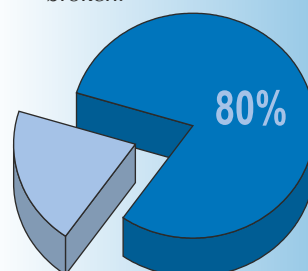
- 21% (26%) of pupils reported that they felt afraid of going to school because of bullying at least 'sometimes'.
- 17% (21%) of pupils said that they were bullied at or near school in the 12 months before the survey, while 3% (4%) said that they bullied another pupil in the same period.
- 1% (2%) of pupils reported that they thought others might fear to be in school because of them.



- 61% (64%) of pupils responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 5% (6%) experienced such behaviour 'every day'.

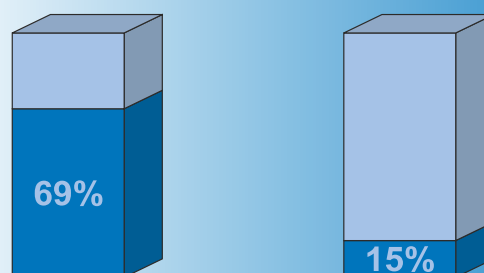


- 42% (44%) of pupils responded that they were teased/made fun of at least a 'few times' in the month before the survey, while 38% (43%) said they had been called nasty names and 25% (28%) said they had been called 'gay'.
- 30% (35%) of pupils responded that they were pushed/hit for no reason at least a 'few times' in the month before the survey, while 15% (17%) said they had belongings taken/broken.



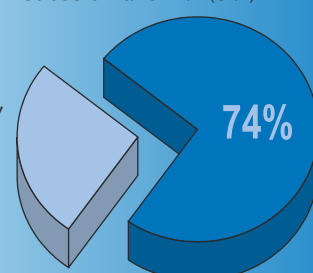
- 80% (77%) of pupils responded that they think their school takes bullying seriously, while 8% (10%) think it doesn't take it seriously.

- 69% (69%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 15% (12%) said that bullying is not a problem in their school.



- 79% (78%) of pupils responded that they have found school lessons about bullying at least 'quite useful', while 10% (10%) have found them 'not useful' and 7% (8%) couldn't remember any.

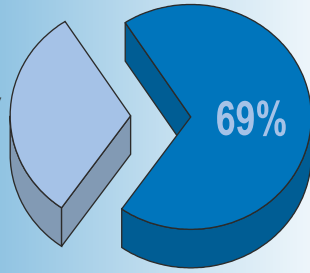
- 74% (73%) of pupils say they 'always' feel safe at playtimes.



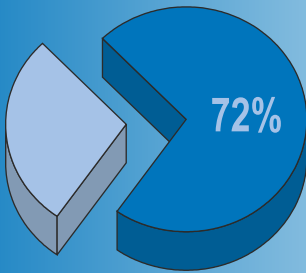
PRIMARY

ENJOYING AND ACHIEVING

- 84% (84%) of pupils report enjoying at least half of their school lessons.
- 69% (71%) watched some TV on the night before the survey.
- 50% (54%) played with friends. 55% (60%) of the boys played computer games.



Pupils' voice

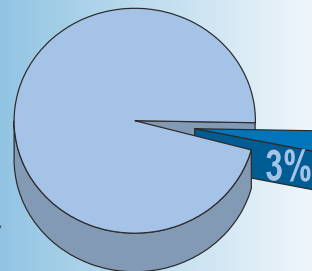


- 72% (71%) of pupils think their views and opinions are asked for in school.
- 49% (51%) say they are listened to by talking to teachers and 58% (57%) say they are listened to through a school/class council.

- 52% (51%) of pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school.

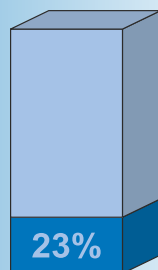
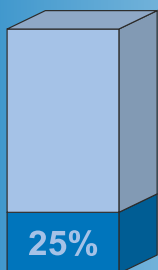
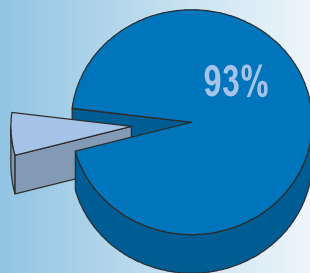
BACKGROUND

- 91% (93%) of pupils responded that they are White British.
- 73% (68%) of the pupils in this survey live with both parents together.
- 5% (8%) of pupils get free school meals or vouchers for school meals. 10% (8%) said they were 'not sure'.
- 3% (5%) of pupils have a parent or carer in the armed forces, 1% (2%) say their parent or carer has been away on operations in the last 12 months.

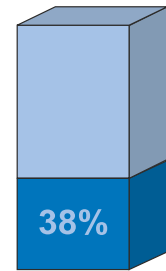
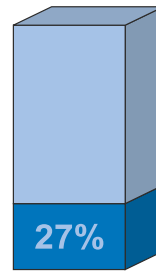


SCHOOL AND HOMEWORK

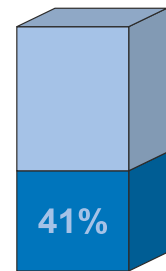
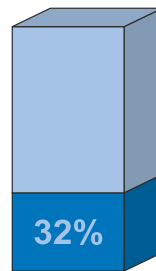
- 93% (93%) of pupils think it is important to go to school regularly.
- 97% (96%) of pupils said that their parents 'always' know when they are away from school.
- 25% (21%) of boys and 23% (22%) of girls spent time doing homework on the evening before the survey.



- 15% (16%) of pupils said they worried about school-work/homework.
- Worrying about SATs/tests: 27% (30%) for boys and 38% (39%) for girls.



- Worrying about moving on to secondary school: 32% (32%) of boys and 41% (44%) of girls.



Pupil Perceptions

A series of statements were offered to pupils about their school experience, in connection with the Every Child Matters outcome areas.

- The percentage of pupils responding 'yes' were:

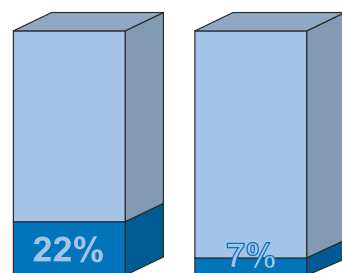
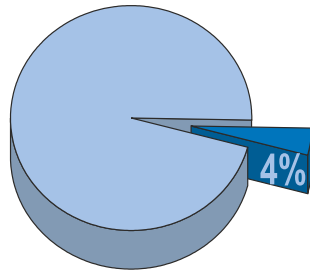
	Boys	Girls
My work is marked so I can see how to improve it	91% (91%)	94% (92%)
The school encourages everyone to treat each other with respect	89% (88%)	93% (90%)
The school prepares me for when I leave this school	86% (85%)	90% (88%)
The school encourages me to attempt difficult work	80% (82%)	86% (84%)
The school tells me it's OK to make mistakes	82% (82%)	86% (84%)
The school helps me work as part of a team	81% (81%)	87% (84%)
I know my targets and I am helped to meet them	83% (83%)	84% (82%)
The school cares whether I'm happy or not	74% (73%)	79% (75%)
In this school, people with different backgrounds are valued	73% (69%)	80% (72%)
My teachers realise when I don't understand	72% (70%)	69% (69%)
My achievements in and out of school are recognised	69% (68%)	72% (68%)
The school encourages me to contribute to community events	64% (65%)	67% (64%)
The school teaches me how to deal with my feelings positively	62% (63%)	69% (64%)

Secondary school pupils in Years 8 & 10

(aged 12 - 13 and 14 - 15 years)

BEING HEALTHY

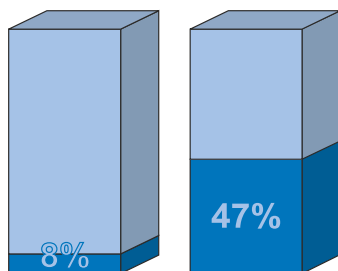
- 4% (4%) had nothing to eat or drink for breakfast on the day of the survey.
- 43% (42%) of pupils had cereal for breakfast and 27% (27%) toast or bread on the morning of the survey. 6% (7%) said they had a chocolate bar or sweets.
- 14% (12%) of pupils had no lunch on the day before the survey. 47% (46%) had a school lunch and 2% (3%) bought lunch from a takeaway or shop.
- 78% (80%) say that they can get water at school.



- 22% (22%) of pupils had at least 5 portions of fruit or vegetables the day before the survey, while 7% (8%) had none at all.

- 24% (25%) say they never worry about how much they eat; 16% (17%) say they are often or always careful with their diet.
- 47% (51%) of boys and 38% (39%) of girls responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

- 30% (29%) reported 'very often' or 'always' considering their health when choosing what to eat.
- 8% (8%) of the pupils in this survey would like to put on weight, while 47% (48%) would like to lose weight.

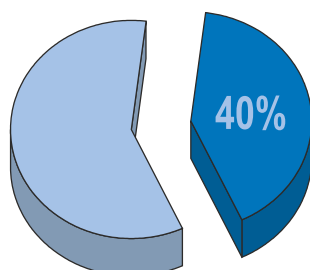


- 49% (50%) of pupils found school lessons about healthy eating 'quite' or 'very' useful.

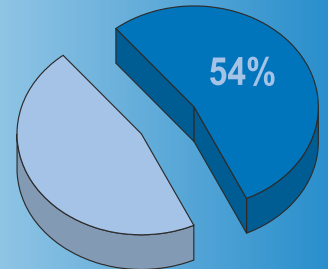
DRUGS, ALCOHOL AND TOBACCO

Drugs

- 40% (39%) reported that they are 'fairly sure' or 'certain' that they know someone who uses drugs listed in the questionnaire.
- 19% (17%) of pupils have been offered cannabis.

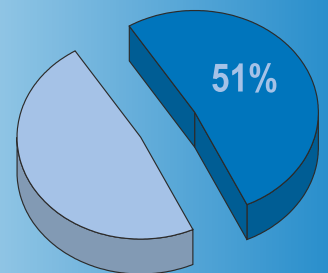
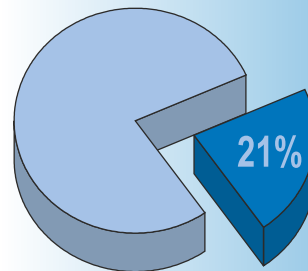


- 5% (4%) of pupils said they took some form of illegal drug in the month before the survey. The most commonly taken drug was cannabis, with 14% (12%) of Year 10 pupils ever having taken it. The next most common drug was 'legal highs', with 2% (2%) of Year 10 pupils ever having taken them.
- 2% (2%) of pupils said that they have taken two or more drugs on the same occasion.
- 54% (54%) of pupils found school lessons about drugs 'quite' or 'very' useful.



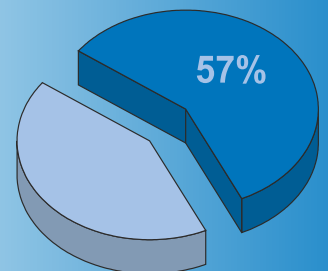
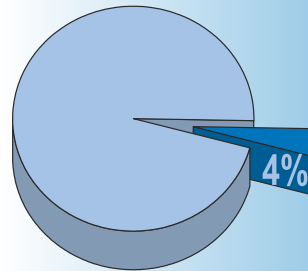
Alcohol

- 21% (24%) had at least one alcoholic drink in the week before the survey.
- 45% (43%) of pupils said that they never drink alcohol.
- 6% (5%) of pupils said that they have taken a drug and drunk alcohol on the same occasion.
- 51% (48%) of pupils found school lessons about alcohol 'quite' or 'very' useful.

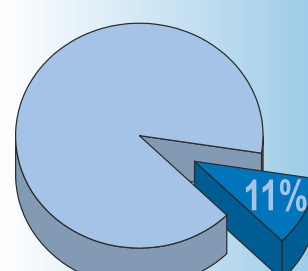


Tobacco

- 24% (23%) say they have tried smoking in the past or smoke now.
- 4% (5%) of pupils smoked at least one cigarette in the week before the survey.
- 7% (7%) say they smoke 'regularly' or 'occasionally'.
- 57% (49%) of those who smoke 'regularly' would like to give up smoking.
- 28% (31%) of pupils responded that someone smokes in the same room or car that they are in at least 'once or twice a month'; 21% (24%) said they do so at least 'once or twice a week'.



- 11% (10%) of pupils responded that they have 'never heard of' electronic cigarettes or 'e-cigarettes'.
- 19% (22%) of pupils responded that they have at least tried electronic cigarettes or 'e-cigarettes'; 1% (2%) said they use one 'regularly'.



SECONDARY

SEXUAL HEALTH

- 17% (22%) believe there is a sexual health service for young people available locally.
- 29% (39%) of pupils said they know where they can get condoms free of charge.
- 34% (36%) of pupils found school lessons about sex and relationships 'quite' or 'very' useful.
- The percentages in the table are for those correctly answering whether certain STIs could be cured or not.**

Year 10	Boys	Girls
Genital herpes	12% (15%)	9% (12%)
Genital warts (papilloma virus)	8% (10%)	7% (9%)
Gonorrhoea	24% (27%)	24% (28%)
HIV/AIDS	52% (59%)	65% (69%)
Chlamydia and non-specific urethritis	25% (31%)	33% (39%)
Pubic lice (crabs)	47% (54%)	55% (60%)

Sexual relationships: Year 10 only

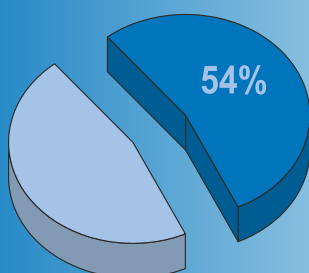
- There was a series of questions that were asked only of Year 10 pupils. Firstly, they were asked about their sexual experience: 5% (5%) of Year 10 respondents are in a relationship and thinking about having sex.
- 9% (11%) of Year 10 pupils have had a sexual relationship in the past and 7% (8%) report that they are currently in a sexual relationship (that is, overall 16% (19%) have had sex).
- If they have had sex, we wanted to know if they always used a method of protection or contraception: 70% (63%) said yes. They were then asked: Have you ever taken risks with sex (infection or pregnancy) after drinking alcohol or drug use? 17% (19%) said yes.
- The percentage of Year 10 pupils responding that they have experienced the following in a relationship with a boyfriend/girlfriend:**

Year 10	Overall
Used hurtful or threatening language to me	9% (8%)
Was angry or jealous when I wanted to spend time with friends	17% (18%)
Kept checking my phone	12% (12%)
Threatened to tell people things about me	6% (6%)
Threatened to hit me	3% (3%)

- 58% (62%) of Year 10 pupils responded that if any of the things listed happened to them, they would know what to do for themselves. 62% (63%) responded that they could get some help.

PHYSICAL ACTIVITY

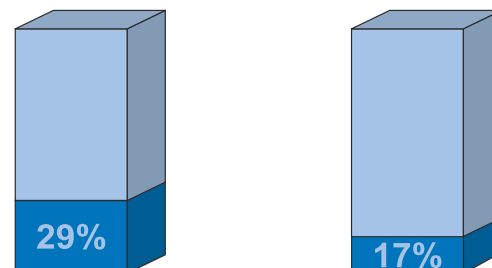
- 61% (58%) said they enjoy general physical activities 'quite a lot' or 'a lot', while 67% (68%) said the same about team sport and 57% (57%) about individual sport.
- 70% (70%) said they find it at least 'quite' or 'very' easy to be as physically active as they like.



- 54% (51%) do five or more hours of physical activity in a typical week.**
- 67% (68%) of pupils found lessons about physical activity 'quite' or 'very' useful.

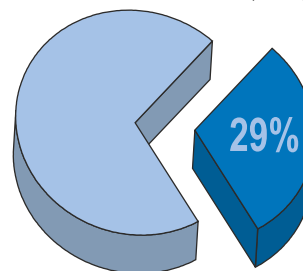
EMOTIONAL HEALTH AND WELL-BEING

- 23% (22%) of all pupils [29% (28%) of boys and 17% (17%) of girls] scored a high or maximum score (28 – 35) on the Short Warwick-Edinburgh Mental Well-being (SWEMWB) Scale.**

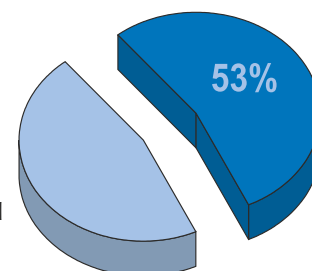


- 5% (5%) of pupils scored low (7 – 13) on the SWEMWB Scale.
- 69% (70%) of pupils worry about at least one of the problems listed in the survey 'quite a lot' or 'a lot'.
- The most common worries were ('quite a lot' or 'a lot'):**

Boys	Girls
Exams and tests 37% (37%)	Exams and tests 60% (58%)
Family problems 21% (24%)	The way you look 53% (52%)
Health 21% (20%)	Problems with friends 38% (38%)



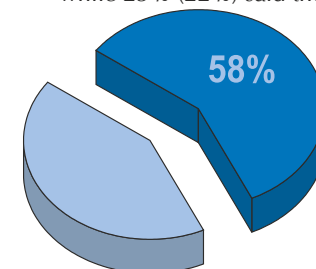
- 29% (28%) of pupils [18% (19%) for boys and 41% (38%) for girls] said they worried about school-work.**



- 53% (56%) of pupils responded that if they would like more information about any of the issues listed, they would like to get it from their parents/carers, while 8% (8%) said they would like the information from school lessons and 13% (12%) would like to find out on the Internet.**
- When they have a problem or feel stressed 45% (49%) of pupils said they would talk to someone about it and 37% (40%) of pupils said they would think about it on their own. 8% (8%) of pupils responded that they cut or hurt themselves.
- 32% (33%) of pupils found their lessons about emotional health and well-being 'quite' or 'very' useful.

Resilience

- 53% (56%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 23% (22%) said they get upset and feel bad for ages.

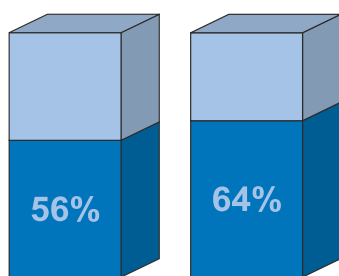


- 58% (59%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 40% (40%) ask for help and 11% (11%) give up.**

- We calculated an overall measure of resilience from a group of related items. 33% (31%) of pupils had a low measure of resilience (0 – 19). 21% (20%) of pupils had a high measure of resilience (26+).

ENJOYING AND ACHIEVING

- 73% (73%) of pupils report enjoying at least half of their school lessons.

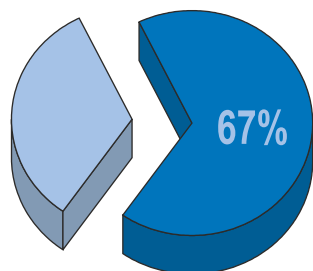


- 56% (49%) of boys and 64% (61%) of girls said they want to continue in full time education at the end of Year 11.
- 39% (43%) of boys and 35% (38%) of girls said they wanted to find a job as soon as possible.

- 63% (58%) of pupils responded that they intend to apply for University in the future, while 26% (30%) said they 'don't know' if they do.
- 17% (20%) of pupils responded that they have had enough information and guidance about their options after Year 11, including apprenticeships, while 41% (38%) said they haven't had enough information and guidance.

Homework

- 67% (65%) of pupils did homework on the evening before the survey.
- 24% (20%) of boys and 34% (30%) of girls reported they did more than an hour.
- The school lessons most often described as 'quite' or 'very' useful were those about physical activity 67% (68%); several other topics scored well including drugs 54% (54%), alcohol and smoking.



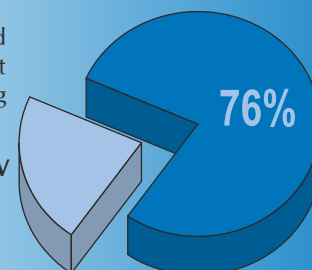
MAKING A POSITIVE CONTRIBUTION

Pupils' voice

- 50% (54%) of pupils responded that they are asked for their opinions about what they learn in school; 36% (41%) said their opinions make a difference.
- 45% (48%) of pupils responded that they are asked for their opinions about how they learn in school; 40% (45%) said their opinions make a difference.
- 42% (43%) of pupils responded that they are asked for their opinions about the school environment; 41% (43%) said their opinions make a difference.
- 25% (27%) of pupils responded that they are asked for their opinions about their community; 29% (31%) said their opinions make a difference.
- 27% (36%) of pupils responded that they have heard of a local Youth Council in their area and 37% (43%) said they have heard of North Yorkshire Youth Council.
- 50% (42%) of pupils responded that they have had the chance to vote for school/college council members.

LEISURE AND WORK

- 30% (28%) of pupils reported reading a book for enjoyment for at least part of the evening before the survey.
- 76% (78%) watched some TV the previous night and 9% (8%) watched for over 3 hours.
- 20% (25%) of the pupils in this survey have a regular paid job.



Pupils Perceptions

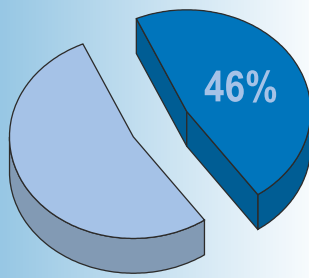
A series of statements were offered to pupils about their school experience, in connection with the Every Child Matters outcome areas.

- The percentage of pupils responding 'yes' were:

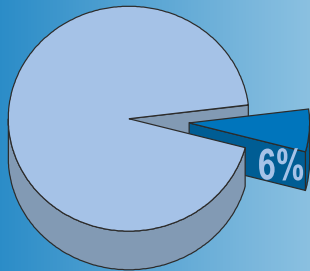
	Boys	Girls
The school cares whether I am happy or not	49% (49%)	46% (47%)
My work is marked so I can see how to improve it	74% (77%)	68% (69%)
Adults at school talk to me about how to improve my work	68% (70%)	61% (63%)
I know my own targets and I am helped to meet them	62% (65%)	58% (60%)
My achievements in and out of school are recognised	40% (41%)	34% (34%)
The school teaches me how to deal with my feelings positively	34% (34%)	26% (28%)
The school helps me work as part of a team	53% (56%)	57% (58%)
In this school people with different backgrounds are valued	64% (62%)	67% (64%)
The school encourages everyone to take part in decisions	56% (58%)	59% (57%)
The school encourages me to contribute to community events	39% (39%)	34% (33%)
The school prepares me for when I leave this school	63% (64%)	53% (58%)
The school encourages everyone to treat each other with respect	77% (78%)	77% (78%)
My teachers realise when I don't understand	43% (41%)	34% (33%)
The school encourages me to attempt difficult work	70% (71%)	70% (70%)
The school tells me it's OK to make mistakes	62% (61%)	58% (58%)
I am prepared to try something I am not used to or not so good at	65% (66%)	60% (61%)
I have the opportunity to use things I have learnt in different situations	54% (56%)	50% (50%)
Sometimes I have a choice of different ways to learn about something	49% (50%)	46% (50%)
At school, I am encouraged to try different ways to do things	56% (56%)	52% (54%)

SECONDARY SAFETY

- 46% (44%) said they were treated for an accident at a clinic or hospital in the twelve months before the survey.
- 9% (10%) of pupils rate the safety of their area when going out after dark as 'poor' or 'very poor'. 2% (2%) said the same about going out during the day.

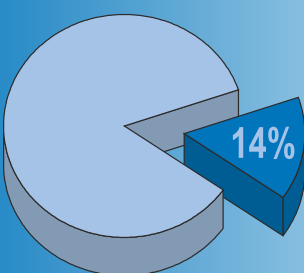
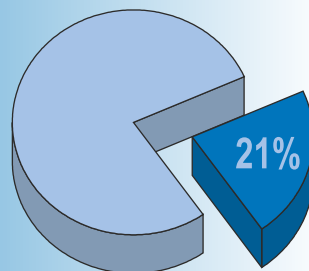


- 6% (5%) of pupils report they at least 'sometimes' carry weapons or something else for protection when going out.
- 6% (6%) reported that they were a victim of violence or aggression in the area where they live in the twelve months before the survey.



Internet safety

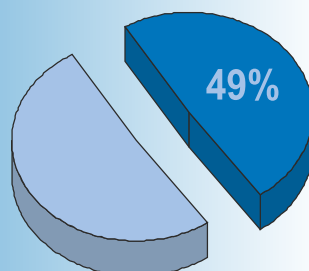
- 21% (22%) of pupils responded that they communicate with people they have met online and don't know in real life.
- 42% (45%) of pupils responded that they communicate with people online by posting things that lots of people can see and 59% (58%) said they communicate with people using picture/video sharing sites/apps.



- 14% (14%) of pupils responded that they have seen pictures, videos or games with violence they found upsetting online.
- 22% (20%) of pupils said that they have experienced someone writing or showing things to hurt or upset them online (with text, pictures or video).

- 79% (81%) of pupils responded that they have been taught or given advice about sharing their personal information online; 55% (60%) said they have been taught about Child Exploitation Online Protection Centre's "Report Abuse" buttons.

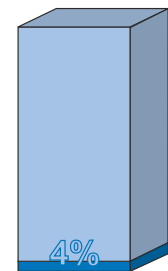
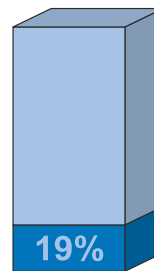
- 49% (49%) of pupils responded that they 'always' follow the advice they have been given.



- 12% (11%) said that they have sent personal information or images to someone and afterwards wished they hadn't done or had thought more about doing so.

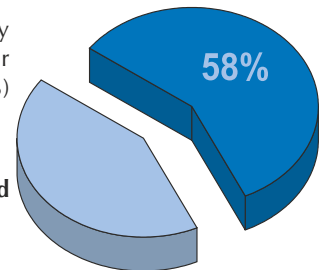
Bullying

- 19% (19%) of pupils said that they were bullied in the 12 months before the survey, while 4% (4%) said that they bullied another pupil in the same period.



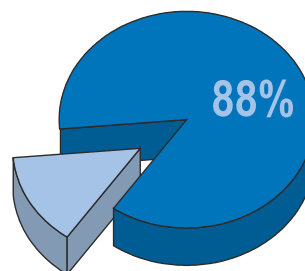
- 18% (16%) of pupils said they are picked on because of their size or weight, while 5% (4%) say it's because of their colour, race or religion.

- 58% (57%) of pupils reported that they think their school takes bullying seriously.



- 25% (25%) of pupils responded that they have been pushed/hit for no reason in the last month. Other common negative behaviours were: being teased/made fun of 42% (41%), being called gay 22% (22%), and being called nasty names 36% (35%).

BACKGROUND

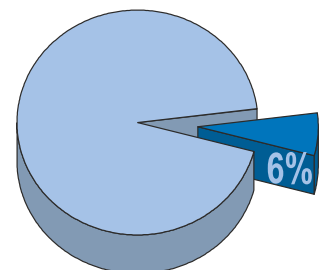


- 88% (91%) of pupils describe themselves as White British.
- 65% (62%) of the pupils in this survey live with both parents together.

Equality and identity

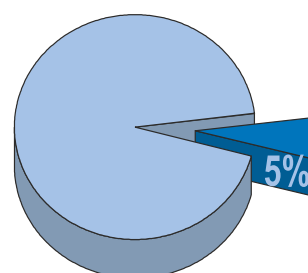
This year we have been more focused on looking at inequalities between different groups and identities in schools.

- 7% (7%) of pupils have a special educational need or learning difficulty.
- 3% (3%) of pupils have a disability or long-standing illness.
- 6% (7%) of pupils have free school meals or free schools meal vouchers.



Service families

- 5% (5%) of pupils have a parent/carer who is in the armed forces, 2% (2%) say their parent or carer has been away on operations in the last 12 months.
- 33% (46%) say they worry 'quite a lot' or 'a lot' about their family member when they are away.
- <1% (<1%) of pupils would welcome access to a counsellor when they are worried, and would prefer to see such a counsellor in private at school.



Changes in Harrogate since 2012 - Year 2

- ❑ With a large sample and many questions, there are many significant differences to be seen. We have listed just the largest and most important of them here. For this analysis we have used only those schools which took part in the survey in 2012 and in 2014, so the figures on this page may be different to those used in the rest of the report.
- ❑ If a trend continues (or contradicts) earlier findings, this has been noted. Where trends have not been continued, there may be relief that negative developments have not continued, while positive gains have not slipped.

MORE likely in 2014...

- ❑ *To say they 'never' eat brown bread (33% in 2012 vs. 43% in 2014)*
- ❑ **To know how to keep themselves safe on the Internet (69% in 2012 vs. 74% in 2014)**

bold = positive result, *italic* = negative result

LESS likely...

- ❑ To say they use a computer at home (94% in 2012 vs. 85% in 2014)
- ❑ *To say they 'always' wear a bike helmet when they use their bike or scooter (52% in 2012 vs. 45% in 2014)*
- ❑ *To have played with friends after school on the day before the survey (48% in 2012 vs. 40% in 2014)*

Changes in Harrogate since 2012 - Year 6

MORE likely in 2014...

- ❑ **To say they do not drink alcohol (48% in 2012 vs. 85% in 2014)**
- ❑ *To have experienced negative behaviour outside at school during breaktimes in the last month (13% in 2012 vs. 36% in 2014)*
- ❑ **To rate school lessons about growing up and body changes as 'quite useful' or 'useful' (65% in 2012 vs. 77% in 2014)**
- ❑ **To 'rarely or never' drink energy drinks (52% in 2012 vs. 64% in 2014)**
- ❑ **To rate school lessons about bullying as 'quite useful' or 'useful' (69% in 2012 vs. 79% in 2014)**
- ❑ **To feel their views and opinions are listened to through a school or class council (49% in 2012 vs. 58% in 2014)**
- ❑ **To say they would like their parents/carers to talk with them about growing up and body changes (78% in 2012 vs. 84% in 2014)**

LESS likely...

- ❑ **To have had an alcoholic drink in the 7 days before the survey (9% in 2012 vs. 1% in 2014)**
- ❑ **To say they are 'never' supervised when using the Internet at home (44% in 2012 vs. 34% in 2014)**
- ❑ **To have been bullied at or near school in the last 12 months (24% in 2012 vs. 17% in 2014)**
- ❑ **To say they couldn't remember any school lessons about emotional health and wellbeing (SEAL) (26% in 2012 vs. 20% in 2014)**
- ❑ *To enjoy physical activities 'quite a lot' or 'a lot' (87% in 2012 vs. 83% in 2014)*
- ❑ **To say they at least 'sometimes' feel afraid to be in school because they may be bullied (27% in 2012 vs. 22% in 2014)**

Changes in Harrogate since 2012 - Years 8/10

MORE likely in 2014...

- ❑ **To 'never' drink alcohol (33% in 2012 vs. 45% in 2014)**
- ❑ *To have experienced negative behaviour outside at school during breaktimes in the last month (17% in 2012 vs. 27% in 2014)*
- ❑ **To put money into savings in the week before the survey (37% in 2012 vs. 47% in 2014)**
- ❑ **To rate school lessons about prejudice, discrimination and bullying as 'quite' or 'very' useful (47% in 2012 vs. 55% in 2014)**
- ❑ **To have not been absent from school in the last 12 months (13% in 2012 vs. 18% in 2014)**
- ❑ To spend time using the Internet on a computer, phone or other device after school on the day before the survey (85% in 2012 vs. 90% in 2014)
- ❑ *To think they are being picked on or bullied because of the way they look (17% in 2012 vs. 22% in 2014)*
- ❑ **To say adults at school talk to them about how to improve their work (59% in 2012 vs. 65% in 2014)**
- ❑ *To have taken at least one of the drugs listed in the questionnaire (7% in 2012 vs. 11% in 2014)*

LESS likely...

- ❑ **To have been away from school due to illness or injury in the last month (69% in 2012 vs. 55% in 2014)**
- ❑ *To have had the chance to take part in a mock general election (17% in 2012 vs. 8% in 2014)*
- ❑ *To have heard of a local Youth Council in their area (37% in 2012 vs. 27% in 2014)*
- ❑ **To have been given alcohol by their parents or relatives in the 7 days before the survey (19% in 2012 vs. 12% in 2014)**
- ❑ *To say they are asked for their opinions about the school environment (51% in 2012 vs. 42% in 2014)*
- ❑ **To have had an alcoholic drink in the 7 days before the survey (29% in 2012 vs. 21% in 2014)**
- ❑ *To rate their safety at school as 'good' or 'very good' (88% in 2012 vs. 83% in 2014)*
- ❑ **To worry about at least one of the issues listed 'quite a lot' or 'a lot' (76% in 2012 vs. 71% in 2014)**
- ❑ *To say there is a school nurse drop-in at their school (55% in 2012 vs. 49% in 2014)*
- ❑ *To say they want to get training for a skilled job or get an apprenticeship at the end of Year 11 (44% in 2012 vs. 39% in 2014)*

Differences between Harrogate District and the whole of North Yorkshire

This table lists the most significant differences between the pupils' responses in this district and those of pupils in North Yorkshire as a whole. There were more differences found than are listed here.

Harrogate	North Yorkshire	Year 2
42%	52%	of pupils responded that they have a TV in their bedroom.
85%	80%	of pupils responded that they have a bike helmet.
17%	22%	of pupils responded that they are allowed to watch TV after they have gone to bed.
84%	80%	of pupils responded that they cleaned their teeth at least twice on the day before the survey.
40%	44%	of pupils responded that they played with friends after school on the day before the survey.

Harrogate	North Yorkshire	Year 6
60%	66%	of pupils responded that they washed their hands before lunch on the day before the survey.
74%	68%	of pupils responded that they have found school lessons about medicines and drugs 'quite useful' or 'useful'.
30%	35%	of pupils responded that they have been pushed/hit for no reason at least a 'few times' in the last month.
73%	68%	of pupils responded that they live with their Mum and Dad together.
70%	65%	of pupils responded that they have found school lessons about smoking 'quite useful' or 'useful'.
34%	30%	of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.
52%	48%	of pupils responded that they ate cereal (not porridge/Readybrek) for breakfast on the day of the survey.

Harrogate	North Yorkshire	Year 8 & Year 10
24%	13%	of pupils responded that they have used the school nurse drop-in at their school.
27%	36%	of pupils responded that they have heard of a local Youth Council in their area.
29%	39%	of pupils responded that they know where they can get condoms free of charge.
50%	42%	of pupils responded that they have had the chance to vote for School/College Council members.
50%	57%	of pupils responded that there is a school nurse drop-in at their school.
20%	25%	of pupils responded that they have a regular paid job outside school during term-time.
37%	43%	of pupils responded that they have heard of North Yorkshire Youth Council.
40%	45%	of pupils responded that they listen to music if they have a problem or feel stressed.
40%	45%	of pupils responded that they want to get training for a skilled job or get an apprenticeship at the end of Year 11.
36%	41%	of pupils responded that their opinions make a difference to decisions about what they learn in school.
60%	55%	of pupils responded that they want to continue in full-time education at the end of Year 11.
17%	22%	of pupils responded that there is a sexual health service for young people available locally.
63%	58%	of pupils responded that they intend to apply for University in the future.
40%	45%	of pupils responded that their opinions make a difference to decisions about how they learn in school.

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